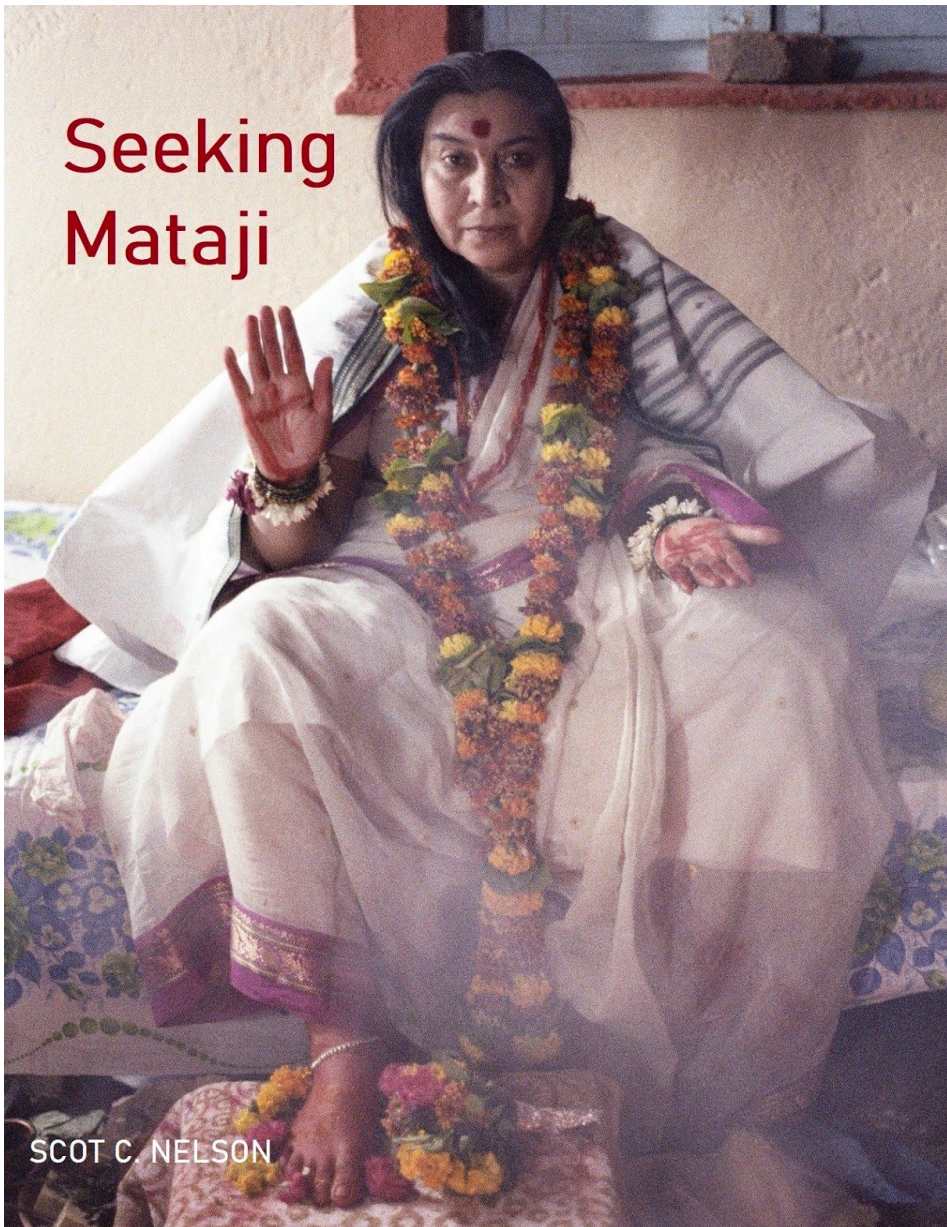


Seeking Mataji



SCOT C. NELSON

SEEKING MATAJI

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PREFACE

This book is for seekers of truth in America. Only you can understand this book, because you were born to seek. Deep within, you still search, longing for truth and meaning. Stuck or waylaid, you fell under the power of a false guru, a religion, or a discipline. You abuse drugs or alcohol and crave sex, money or power. Here, now, is the true story of an American man. Nel searched 50 years in America for the truth about the God Mother. He found the truth and discovered the meaning of his life as he knelt before Her Holiness Shri Mataji Nirmala Devi. Although the story of Nel is very personal, revealing and filled with troubles, it resembles yours. Take heart from his journey. Learn to know the truth and to know thyself. Claim your self realization. Attain the next stage of your evolution and become the Spirit. Jai Shri Mataji!

ACKNOWLEDGEMENTS

Jesus Christ spoke to me from the Sun in 1960. He said, “In 50 years you will meet the God Mother.” Christ saved my life several times, and through His grace and compassion I survived to write this book. My wife, L, found me hiding in a lonely rainforest and taught me about Mother. Her Holiness Shri Mataji Nirmala Devi waited for me all those years and

bestowed upon me the gift of my Self Realization. Holy Mother, your immeasurable love, vibrations, wisdom, knowledge, grace, compassion, patience and forgiveness sustain me. I cherish the moment you gazed into my eyes. I follow you for eternity.

Scot C. Nelson ("Nel")

Easter 2020

Tallahassee, Florida, USA

PART 1. SEEKING

Truth is meant only for honest seekers and those who are courageous enough to take up truth upon themselves.

If the seeking is ardent and they are seeking really the Truth, they will find it, they will find it, no doubt. Because the whole creation is for them. The whole universe is for them. All deities are for them. All angels are for them. They are all looking out for them. (Shri Mataji Nirmala Devi)

Seed

Cast upon spiritually bereft ground in America, the seed sprouted in 1956. Roots pierced the rocky, soiled earth. Unfurling leaves groped blindly for the veiled light above. Tossed upon barren land, he searched the matrix for love.

Within his heart resided a silent, everlasting primule. It reflected the countenance of God the Father. That eternal Spirit, reborn in countless incarnations in its perpetual evolution, would navigate upstream along a salmonesque path to the headwaters.

This particular Piscean seeker was the child of matter named Nel. In this lifetime, Nel would swim against the current, up the stream. He was born to seek the source. Nel would seek the light, the sun, the love, the Word. Born a seeker, Nel *would* seek. And Nel would *find*.

This is his story of pain, foolishness and redemption.

Stem

The main stem of Nel's sprouted seed first grew as the twisted, gnarled wood of Protestant Christianity. The meristem reached toward heaven, seeking the sun of God. But the tree bore barren branches infested with parasites. It grew bereft of foliage, rotting and choked by weeds.

Sanctimonious lies fertilized Nel's mind. Burning cigarettes and weed lent carbon monoxide to his perverted photosynthesis. Beer irrigated his metabolism with alcoholic water. Nel knew naught of his actual roots.

The gnarled web of false roots grew from his ego and superego, instead of truly from his heart.

In 2008 Nel received his true baptism, a second birth by his true Mother. Born again with self realization and risen Kundalini, enlightened Nel began to learn the truth about his tree of life. His knowledge began to grow toward the roots and to the actuality, the reality of things.

Enlightened by the Word, by light, by the love of God, fragrant flowers and edible fruit formed amid sprouts in the upper canopy. The fruit ripened in the cool breeze of that summer. Nel became the Spirit and thereby became his own guru. No longer did anything or anyone stand between him and the source.

In one divine, spontaneous moment, the rotten wood fell from that tree. All false and corrupt ideas and emotions dropped away as if pruned by a divine sawyer, settling as sawdust scattered by the winds of eternity.

All that remained was the one true body of truth, that of heart, rather than intellect. A tree of life now prospered in place of Nel's suicidal hanging tree. The parasites found it inedible, the pathogen found it resistant. The songbirds, each a deity attending the Mother, found and settled onto its branch in the body, completing the evolution for which Nel had pined.

Infirmity

Maladies and afflictions, parasites and pathogens, besiege a human body from the moment of conception. These dead, de-evolved spirits quietly aspire to a human embodiment, to live again the human, material existence denied to them by karma. They want to short-circuit evolution to bypass what is required of any living thing in the universe.

Infectious diseases derive from the original Fall of Man, that moment in human evolution in which man chose matter over Spirit. Man tasted the apple of choice offered by the serpent. He swam downstream with the dark current of matter instead of against it, toward the Light of Spirit.

At that moment began a gruesome tread of the dead spirits. Searching to enliven their fate, they infested and consumed the living body of man.

The once-flawless and paradisiacal Eden became a rotting Garden of Hedonism.

Nine-month-old Nel contracted a spinal disease in January 1957. Bacteria entered his bloodstream and traveled to his spinal cord and brainstem to incite acute bacterial meningitis. In the 1950s, meningitis killed many children and laid young Nel at the welcoming threshold of death. Years later, Nel learned from Mother's lectures about the central importance of the spine and its relation to the subtle energy system, chakras, Kundalini and ascension. To become the Spirit, Nel would need his spine.

Decades later, Nel read the medical notes of his battle. They spoke of the persistent, high fever gnawing his baby flesh for days. Doctors injected antibiotics at 26 equidistant sites along opposing sides of Nel's vertebrae, directly into the fluid of his spinal column.

These injections would later transform a boyish Nel into a histrionic wildebeest. That remembering, wild animal within kicked and screamed before the imagined lion jaws of death every time he saw a doctor's needle.

Nel approached meningital death so intimately and rapidly that his father pulled Nel from the hospital's grip and took Nel home to die. Bound for home, Nel was to spend his last hours with family.

But at the last moment, Nel's parents prayed earnestly to Christ for help, they prayed for Nel's protection. The intercession bore miraculous fruit. Nel survived and recovered! The first among several bonafide miracles in his life, Nel might have been grateful at the time had he understood the meaning of it all.

The painful trauma of meningitis served as Nel's introduction to the perils of life on Earth. Before Nel could speak, before he could articulate beyond a babble, he knew instinctively that life, that survival, was not a battle he could win alone. Nel would need the guidance, power, and mediation offered by his savior, Jesus of Nazareth, the Christ, the Son of God.

The infant curse

Most Christians have no remembrance of the day they received church baptism.

For Nel, as with all such Americans of Christian faith, a priest cursed him by placing his sin-soiled hand on the holy seat of our Mother, the crown chakra, the *Sahasrara*, the thousand-petaled lotus.

William Blake, poet and artist, and incarnated deity, stated quite clearly that a priest cursed him on his head when he was young and helpless.

But a Priest with a holy look, In his hands a holy book, Pronounced curses on his head. (William Blake, from *Infant Sorrow*)

The priest sprinkled his “holy water” on the sacred spot and before an audience of sinners uttered the incantation meant to divert Nel from God, rather than bind Nel to Him.

Modern baptism binds and conditions a subject to a lifetime of devilish servitude. For Christians, the curse of possessions begins as infants with this false baptism. The priest, by touching one’s *Sahasrara* chakra to bless, actually curses the child and places a *bhoot* on his head, a possessing, dead spirit. The priest may not realize it, or he may. But it happens in the same manner, that all false gurus move through the sheep as predatory wolves in sheep’s clothing.

The true baptism, conversely, is self realization. This imparts the halo depicted in many paintings of saints and prophets. This is the flowering lotus depicted at the crown chakra of Buddha. True baptism is not the arbitrary sprinkling of water by a self-appointed priest, but occurs as a living, self-actualized process. It is the true second birth of which self-appointed, born-again Christians may never find. How Nel had to stride through hell to find it is the subject of this true tale.

The day the Sun shined

Nel first noticed the sun in the Spring of 1960 while sitting on a swing set in his backyard. The glowing orb sat on high, far beyond the clouds. Questions and awe packed his innocent brain as an overstuffed suitcase.

He felt true love for the Sun, even though he had no name for the bright globe. What was this object? What was it doing there, shining and radiating upon his face? *Who* was it?

The following day, standing alone at the corner of Faircloth Street and Brookwood Drive in Raleigh, North Carolina on a warm morning in June 1960, young Nel raised his searching eyes to his new brother, the Sun. At that moment, the deep, masculine voice of the Sun spoke a single sentence to Nel, enunciating clearly:

“You will meet the God Mother in 50 years.”

The light of His gentle voice filled Nel’s 4-year-old heart with its divine love. Although Nel found comfort and understanding in His words, his juvenile grasp of time could not conceive of 50 years. Wow! That seemed like an eternity!

And, more importantly, *who* was the God Mother?

Nel had been taught in his Christian household about God the Father and His Son, Jesus Christ. But Nel knew nothing of Her and no one spoke of Her to Nel, aside from this voice of the Sun.

Nel told nary a soul about his auditory experience of that June day in 1960, not even his parents. Gradually, he forgot about the Sun’s comforting promise. As he aged, Nel’s innocent’s attention became fully distracted by his own body and by matter. Unknowingly, he engaged in the eternal, earthly battle between matter and Spirit.

But *exactly* 50 years after Nel heard the voice of the Son, he remembered the words He had spoken to Nel as a promise in 1960. At that moment, he finally understood the reality of the Mother God and the nature of the Sun. For the Mother was Nel’s creator and the Sun was Her Son, the Christ. As promised by Christ the Sun, Nel had finally met the God Mother.

Nel bowed before Her at Her lotus feet, the Holy Mother, the Adi Shakti, Shri Mataji Nirmala Devi, at the Adi Shakti Puja in Cabella Ligure, Italy. He received a miraculous healing of his injured foot during that week.

Nel had gotten his self realization through his wife from Her, the Holy Ghost, our flawless Creator.

After the Puja, as Mother nestled in Her seat in Her van, She turned to gaze for several seconds into Nel's eyes as he stood by the driver's door, peering through the window glass. Her stern countenance suggested a disapproval of Nel's life of hedonism. *What took you so long?* Her eyes seemed to query.

Then, Nel found himself running at full speed, alone, along the dark, Strada Provinciale 140 in joyous pursuit of Her departing van. As the vehicle spun out of view far along the highway, Nel, once again that little 4-year-old boy of 1960, stopped running and smiled, while he cried, "*Mother!!*"

Nel knew he would never see Her again, but understood that those precious moments were well worth the travails of those 50 long years.

50 years of hellish seeking

Although Nel would seek God and Spirit for the next five decades, he would make a thousand mistakes and take a thousand wrong turns. His next 50 years were indeed a painful journey through the perils and pitfalls of hell itself. This book is about that trek.

The intervening 50 years after hearing Christ's voice filled Nel with a goalless seeking. Nel became lost as he rode the swinging pendulum, to and fro. He bowed before false gurus, he danced on graves. He was insane with the light of that darkness. Nel did not know what was true, and often did not care. He became a rotting rind filled with rotting pulp. He stank.

To know *how* to seek, Nel first had to know *what* he sought.

Nel knew at an early age that he should seek the God Mother, but he did not know where She was. He only knew She would be 50 years in his future, somewhere.

That allowed Nel 50 years to become lost, completely lost. And becoming exceedingly is exactly what he did. All he found along the way was a piece of truth here and there, none of it integrated with other

fragments. Rather, the disintegrated truths were knitted and entwined in a fabric of lies in every instance.

And given that Nel did not understand how to know the truth, and given his innocence, he was sucked into every false teaching that he could find. Nel unwittingly became a self-made victim of every associated illusion on the planet.

Made in the USA

Conditioning entails that which everyone teaches you and which inexorably becomes part of your construction. They could be your parents, friends, or any authoritative sources in society, school, business, religion, and government. One absorbs the impressions either willingly or by force, both consciously and subconsciously. They manifest in your superego, the left side, and feed your ego (right side).

The imprints mold personality and opinion so gradually and to such an extent that the conditioned man doesn't know what has hit him. He only understands, at a level deep within, that he has been crushed by a slowly moving train. He can feel the impressions of the steel wheels on his soul but does not really know that anything is wrong.

Nel faced two primary sources of American conditioning during his search for truth: Christianity and modern scientific materialism. Both impeded, even blocked, clear understanding. They veil the truth as clouds and moon cover or eclipse the sun.

Although Nel could instinctively feel the warmth of the truth from behind the clouds, his conditioned mind told him the truths were probably primitive myths. Such fairy tales are unworthy of value by an evolved citizen of the 20th century, he told himself.

Christianity in America taught that the Christian God the Father was the only god, and that any other religion was false. One had to have faith in that premise or burn in hellfire. A seeker worshipping, or even investigating, any other deity walked a hell-bent path to damnation.

Modern science, on the other hand, taught that hypotheses had to be proved intellectually using the rationality of the scientific method. Any

seeker who sacrificed rationality for faith found himself swimming downstream in the modern river of ancient nonsense.

Both of these conditioning sources used false gurus and empty truths to seduce Nel and every American seeker. However, this did not deter him from rooting out every piece of knowledge from every field. The problem confronting Nel was the inherent guilt of doing so. Guilt, the ally of falsehood and the father of doubt, served as a satanic tool of his enslavement. The illusory body of behavior built by conditioning was a destructive force, in actuality, and not constructive at all.

Of course, many other societal conditions render true seeking in America a defunct practice. Sex, drugs, money and lust for power reigned as chiefs among them. Each of these left- and right-sided sinks drained into Nel's ego and superego to fill them to overflow with the filth of untruth.

Nel began to realize, and shortly after he met Mother, that to find and know the truth, the know thyself, he had to disengage from the left (superego) and right (ego) sides. He needed the thoughtless awareness of meditation to shed the cicada shell of conditioned personality and become the Spirit instead.

Axis

Nel would find, much later in life, that the totality of his seeking had deepened his axis. That is, his depth of understanding and his wisdom. The more he could link facts and truths, relate them to each other, the more coherent his body of self-knowledge became. As the axis deepened and developed more grounded stability, the untrue fell way as useless pieces of debris.

Personal depth is an important feature for a yogi to possess. Seekers, born with some depth of being, must develop that axis with pure desire to know the truth. Non-seekers, shallow by nature, do not and cannot understand the pure truth.

Nel's being and understanding deepened with each new insight, even though many years elapsed before Nel understood that particular insights, particular gurus, or particular teachings, were false. His seeking was yielding a new body from the chaos.

God, a dad

If you grew up in America, your dad was your first and only god. Dad, the evangelical, fire-and-brimstone preacher whose paternal rule demanded a respectful worship of the fearful awe he inspired. Dad, an old-testament species of Machiavelli who sought to be feared, instead of loved, by his children.

His biblical commandments demanded explicit obeisance. Thou shalt not do anything on dad's list of no-nos. For committing the sin of a no-no, one paid the price of the father's disfavor, the evil eye, which, to Nel, seemed worse than a thousand deaths. Nel lived through his dad so vicariously that he forfeited his own life in the process.

Naturally, this twisted view of father poisoned Nel's understanding of God. It inverted the universe through a lens that placed a pervert at the apex of goodness. Nel's dad replaced God in those early years. The word of Dad replaced God's word.

Although Nel could feel the authority and wisdom of dad, he knew nothing of this man who hid his true nature from exposure. And, because Nel could not fathom the murky depths of his own father, he could not understand the God for whom dad acted as a nickel-plated surrogate.

Shri Mataji taught that our real family, our actual family, lies among Sahaja yogis, our brothers and sisters, the aunties and uncles, the young and old, the collective children of Mother. These familial ties bind at the level of Spirit.

Conversely, our earthly family is not real in that sense. The members of our earthly family, not seekers of truth, can never receive self realization in this lifetime. We hold no allegiance to these paper brothers and sisters. Nel's paper father became but a paper tiger whose defanged teeth could no longer bite.

Christ, Nel's brother

Nel felt the true joy of knowing Christ in those early years of childhood. Nel loved the New Testament stories of the life and miracles of Christ, and Nel loved Him. Nel felt the bonds of a true kinship with this unseen hero of the heavens. Christ was real, and Nel could feel His presence, His light.

What disturbed Nel, even at a very young age, was the dichotomy he saw between Christian teachings and Christian behavior, Christian lives. He saw the gaping divide between theory and practice.

Didn't being a Christian mean to be like Christ, literally? If so, then why did Nel's dad drink so much gin and his mother act so flirtatiously? Why did priests, the supposed arbiters of heaven, take altar boys in the back room and sodomize them? Surely, that is not being like Christ.

To Nel, the pretentious Christians he saw in church were far removed from his notion of the loving, forgiving, merciful Christ. Just as Nel's church smelled like fungus, he knew there was something rotten somewhere. But he refused to throw the baby out with the bathwater. He never gave up on Christ. Well into his life, he would read the words of Christ regularly with an intense desire to know Him.

Later in life, in 2008 at the age of 52, Christ would save the sinking Nel from the deadly addictions of drugs and alcohol. At Nel's darkest moment, Christ was there for him. Nel felt Christ enter his heart on that day, once again, as He had when Nel was a boy.

In subsequent years, he would listen raptly to Shri Mataji's lectures about Christ. Here, Nel was listening to the One entity that truly knew the truth about Christ and could relate stories about Christ from a first-hand perspective. For in an earlier incarnation, Shri Mataji was, in fact, Mary, the mother of Christ.

God, Nel's Father

Nel did not really understand God the Father. Young Nel only knew what others said or wrote about Him. But he knew innately the most important thing about life, that its purpose was to find God, to search for Him, to seek God's truth. To do that required sifting through the chaff of lies about God. Each seeker must run a gauntlet, must pass through the grasp of many false gurus that lurk along that path.

Societal conditionings became the principal barriers for Nel to overcome in his quest to understand God. Many attributes of God seemed to have been invented by humans. These attributes built a straw man set in a field to scare the crows of evil from the corn cobs of the righteous. The Bible's God seemed a projection or a reflection of man, instead of vice versa.

Shri Mataji taught explicitly about the nature of God and the process of creation. She spoke of God's relationship to humans and how God interacts, or does not interact, with life, with the universe. Every seeker ought to find these lectures and study them, to absorb the true meaning of God and the trinity. Nel will not speak of it here, as he leaves this special knowledge to be discovered by the reader with the ears to hear.

Bible

Nel kept his leatherbound, first Bible very close at hand until he received self realization at age 52. He held a King James version published in the early 1960s. The King James version is an English translation (1611) of the Christian Bible for the Church of England. Nel received the book during a ceremony recognizing his confirmation at Edenton Street Methodist Church in Raleigh, North Carolina. He noticed straight away that the gold lettering that inscribed his name on the cover had misspelled his name. Didn't God know who he was?

Nel always found the many books of the Old Testament a tiring read, even boring. But he loved Genesis, the Psalms and many books of the New Testament. In these books here he found light and life. His favorite,

the book of John, seemed to possess a power so direct that it pierced Nel's heart.

During his darkest nights, and there were many, Nel would tightly and desperately clasp this black book to his breast while sleeping. He wanted the protection offered by the only good thing he knew. Nel would read the Bible and pray to God and Christ for help, wisdom and guidance.

The Bible was Nel's primary guidepost to which he would return in times of despair. But still, it was not enough. For all around the Bible were Christians, too many of them, trying to admonish Nel with advice on how to know and follow God. But Nel, at his roots, knew their admonitions were false-hearted.

Nel had yet to meet someone he could trust in that regard. But Shri Mataji changed all of that. Her words rang true to Nel, and no matter how hard he tried to find fault with Her in those early days, he never heard a false word spoken by Her.

Pendulum

A child rides the unseen pendulum of mood swings completely unaware of the illusion. We all swing as such, no matter our age, unless we can see through the veil. Susceptible to societal influences through his untarnished innocence, Nel swang to and fro, never stopping at the center, never finding that point of balance, the fulcrum. After all, is that not the purpose of life, to find that smallest of spiritual points amidst the confusion and imbalance of matter?

As both the amplitude and frequency of the swings increased with age, Nel's life became a dumpster fire. Most everyone does, eventually. He learned to fear the extremes of the swings, to distrust any feeling of fleeting happiness, for inexorably the happiness would dive into a state of sadness.

Any coin has two sides, heads and tails. So, what is the coin? It is heads or tails? Only by flipping it will it rest to display the outcome. Where is

the balance in that, though Nel. It seemed to him that the one thing is always two, and the state simply alters from one to the other.

Shri Mataji taught about the pendulous nature of left and right, how both are material illusions. It was only after his enlightenment that the wide swings moderated and came to rest at center, the still pond where thoughts give way to collective consciousness and thoughtless awareness.

Christian kid

Young children are like Christ in many ways, with their spontaneous love and innocence of heart. They are better Christians than most adults. They do not yet understand the modern, dystopian concepts of Christianity. The child is led inexorably away from this true state of “being like Christ” into a web of lies and false knowledge about God and reality.

This is the deceptive inculcation Nel (and all American children) endured as his personality was transformed from something inherently true and without flaw into something perverted and obscene. Society placed a sugar-coated crown of thorns on Nel’s head and then crucified him.

Many decades passed before Nel’s resurrection, before he received his true second birth as a Nirmalite. In the interim, the world spoke to Nel in false tongues, using nonsensical languages he could not understand. Although he tried, he did not have the babbling ears to hear.

Priests

The leader of the Catholic church, the pope, states quite plainly that priests are chosen by God to serve as Catholic priests. This implies that priests are somehow superior to normal men, better, the elect among men. Therefore, one must listen to a priest and obey, for he is wise and good and God has chosen him.

This is the central lie of Catholicism. By extension, through guilt and fear, the priest conditions the faithful to ritually and strictly adhere to the

priestly decrees, teachings and sanctions. These are house odds, which are almost impossible to beat.

Contrary to the papal fallacy, however, men choose priests and priests are simply men, just like any other man.

All false gurus apply the same heuristic fallacy, the appeal to authority, this cunning ruse, in one form or another. Their purpose is to prevent adherents from actually finding the truth. In the process the false gurus separate followers from their possessions. They control and possess these adherents.

This primal, subtending lie of Catholicism prevents followers from finding the true God. In fact, the lie separates the seeker from truth itself and, as any pitfall, ensnares the prey for the profit of the hunter.

Make no mistake about it, organized religion is profit oriented. But as pure truth cannot and should not be sold, the religious truth is but an illusion created to enslave and pacify the masses.

A priest is not a realized soul, he is only a self-appointed authority. One cannot become an actualized priest (guru) simply by attending a theological college or by doing any man-made thing, for by their nature man-made things are artificial and dead.

Shri Mataji stressed to Nel that only what is God-made is real, alive, and these God-made things lie within you. Priests peddle dead knowledge to dead people. Let the dead bury the dead.

Martin Luther

At 20 years of age, Nel studied the life of Martin Luther during his pursuit of an undergraduate degree in History at Penn State. He carefully traced the historical growth and development of Protestant theology and its religious denominations in Europe and the United States.

At that age, he instinctively feared and distrusted the Catholic priests and Catholicism. His exposure to literature about the Spanish Inquisition, for instance, horrified him. Their execution at a burning stake of Giordano

Bruno and Joan of Arc displayed an anathematic violence that drove Nel to spiritual places that were as far away from Christianity as he could find.

Although Nel admired Luther for his courage, logic and convictions, he readily came to realize that the new ideas represented by Luther were simply birds of a different feather. And the birds had had waxen wings that melted when approaching the sun of truth.

In his arguments regarding the virtue of good works at the Wittenberg Chapel, Martin Luther's views directly opposed Catholicism. That was a very dangerous thing to do. In that regard, Luther showed Nel how to stand with courage against established dogma.

But, what are good and bad, aside from being two sides of the same coin? Does not one flip unto the other? And, what are works in relation to being? Didn't Christ teach about how it is wrong to act to be seen among men? Nel asked these questions to himself, but received no answers. He was blind as a bat in those days.

What Luther advocated as an alternative to Catholic dogma did not differ in dogmatic substance from that which was offered by Catholics. What he promulgated was simply more blind faith and ignorance about truth and God, with priests installed as all-powerful intermediaries between humans and God. Luther's was just a different diet of worms that fed the unholy, political and economic hunger of the open mouths of the unenlightened, Protestant men of the time.

Regarding good works, Mother taught that evolution is a state of being that has nothing in common with doing. Evolution is a spontaneous function of grace. Spirit does not depend upon matter. One cannot "do" one's self to heaven. Good works mean virtually nothing unless their essence, their being, is of the center.

The Christian Church

The irony of today's Christian church is that we moderns owe it largely to the predatory Romans and that epileptic, demonically possessed man named Paul.

Shri Mataji spoke caustically of Paul. This shocked Nel's conditioned sensibilities. He had spent many years attending a Methodist church in Pennsylvania named after this so-called saint. But Paul ain't really a saint, and one can't use a Method to worship God and to find His love. And, regardless of the shocking nature of truth, one can simply use vibrations to know and verify the truth about anything.

All modern churches exemplify the truth that spiritual teachings begin with a core of pure truth, but become dominated by the greed and mindful ills of man. As a hammer strikes a block of ice, the lust for power and money shattered the seeking human soul into thousands of melting fragments. That which was once solid now liquifies, conforming to the corrupt shapes of confining, churchly vessels.

Nel, through his own experience, knew that the modern Christian church controls its members through guilt, fear and possession under the umbrella of uniqueness. It preaches that within its walls you have found the way, the only true path to heaven and God.

He watched in real time the explosive growth of televangelism and the entertainment-based mega-churches. He would cry and repent at the words of that terrible man, Billy Graham, and raptly dance in his private sorrow before the hypnotic pulsations of the Preacher Voices on TV. The old-time revival meetings were now fleecing the masses, remotely. Send us your money, sinner! Save yourself, but by God, do not save your cash.

Shri Mataji taught very clearly that no person or thing should stand between you and God. This means that no preacher, pastor or priest, nor any organization or church, can intercede. It is all false, a material illusion designed to keep us from finding the true God and becoming the Spirit.

First lie

Have you ever lied? Of course you have.

You, a seeker, must value truth above all else, or things will not work out. Sincerely seek the truth. Never lie to another seeker or to yourself. Each falsehood will chip off a chunk of your soul until all that remains is a haggard, lifeless beast.

There are two types of lies: One that hurts you and one that hurts someone else. To lie as a form of aggression against another person, intended to damage them, is a form of other-directed violence. That is simply wrong. To deny a truth about yourself and justify the denial is a form of spiritual suicide, a long, slow death of a thousand cuts.

But like Krishna, an enlightened soul may lie playfully to non-seekers. I mean, you can lie to fool the bad folks and evil people, certainly. They do not deserve the truth. Just don't develop your lies into a self-destructive habit.

Nel's dad punished his kids by vigorously whipping ass with a leather belt, a widely accepted practice among parents during the 1950s and 1960s in America. He'd strip the leather from around his waist and beat his children into a howling pack of desperate dogs.

Daddy always preached that the whipping would hurt him more than it hurt Nel. Nel always thought that line was a crock of shit, because he never saw daddy crying from the pain.

As with the dogs of the Russian physiologist, Ivan Pavlov, the pain always entrained a classically conditioned response of obedience to the almighty daddy. Obeisance to that preaching lord who, from his parental pulpit, spoke that Nel's respect was far superior to that weak, girly thing called love. And so it was.

Nel would dutifully present his bared buttocks to bear the bruising blasts of buttocks' pain that would shortly follow. That is, until a singularly fateful moment. Young Nel decided that he'd had enough of such

whipping. Nel opted spontaneously to experimentally lie to his father to avoid that ripping of his boyish behind.

Nel actually denied the truth on that day. Up until that moment, Nel had never lied to anyone. He simply could not do it.

But Nel lied like a rug, as the old saying goes. He expected the sky to collapse around him and for God to angrily kill him at that moment. But young Nel was desperate, even though he knew that his infallible father had a nose for bullshit and would probably unearth that rotting bone. But none of that happened. Nel's father swallowed the awful offal offered by Nel. The perlike Nel walked. He was out on bail. The cost was a simple lie.

Both truth and innocence perished in Nel that day, replaced by an arisen facade of falsehood. Lying became easy, expedient and effortless. Untruth became his savior. Nel fell from the grace of God and walked out of the Garden of Eden and straight into hell with his newly acquired, deceptive self. The way back to the truth would be a terrible journey through the purgatory of his own divine comedy.

But at least he'd avoided the sour sting of the belt!

Blind sight

Yet the Lord hath not given you an heart to perceive, and eyes to see, and ears to hear, unto this day. (Deuteronomy 29:4, King James Version)

Son of man, thou dwellest in the midst of a rebellious house, which have eyes to see, and see not; they have ears to hear, and hear not: for they are a rebellious house. (Ezekiel 12:2, King James Version)

Although few realize it, nearly everyone is blind. What does that mean? It means they cannot see the truth. They cannot know the truth. They mistake illusion for truth. This was our Nel, until he met L, the yogini he would marry.

Conditioned by parents and society, our attention diverts naturally to matter and mind. The drawn veil obscures reality, allowing only dim,

distorted perceptions. Literally, blind men follow other blind men along well trodden paths to the darkness of hell.

It's true that rare glimpses of light pierced Nel's veil to offer moments of joy. But the blinders of life kept Nel's horse on a barren, tortuous path of thorns.

Imagination and aggression, fueled by superego and ego, kept the inner pendulum of Nel's mind swinging to and fro. This mental to emotional alternation of opposites never came to rest at the center point of thoughtless awareness, where duality becomes unity, where matter joins Spirit. That is where the duality becomes the trinity, where $1 + 1 = 3$.

Nel would not know the truth until he had grown the proper eyes to see. That inner eye must open for each of us at the seat of Christ in our subtle energy system, the optic chiasma, the crossing of the optic nerves. The Kundalini must enlighten this Agnya chakra, it must pierce and dispel the impeding veil cast by matter.

Nel's seeing, though, began with hearing. Nel needed eyes to see and the ears to hear before his heart could perceive reality. For right perception precedes actualization, the becoming, the next evolutionary step for humankind.

As did Pythagoras softly whisper truths to his students from behind a drawn veil, those truths of metempsychosis, numbers and *musica universalis*, the voice of God's truth, His light, His love, his Logos, penetrates the veil of matter to fall lightly upon the inner, subtle ears of man.

On that sunny day in 1960, Nel heard the deep, masculine voice of the Sun. The Sun told Nel that he "would meet the Mother God in 50 years." This clarion call from Christ woke Nel from deadly slumber, just as the angels of the apocalypse wake the dead to the sound of trumpets in Michelangelo's "*The Last Judgement*" (1541, Sistine Chapel). At that moment, Nel's inner sight realized that his hand grasped a deadly snake instead of a rope. At that moment, Nel released the serpent and grabbed his lifeline to God.

That Nel, but a young child, would fall into a 50-year slumber after that day was not surprising. The seductive lullaby of matter and mind muted

his ears and blinded his eyes with comforting falsity. He became much weaker than he should. He became lost on his journey to The Mother.

But the sound of Christ's voice that day engendered a fiery, inner persistence in Nel that the human flood of deception could never quench. For Nel had an ark: Nel was a seeker, and Nel would find the Mother God. Nel climbed into his ark and rode the waves until the rain stopped on the day of his self realization.

Born again, his eyes healed, Nel no longer suffered from blind sight. That which was false fell away from that which was true. The milk separated from the mud, as if by William Blake's swan.

The flood waters receded and a new tree bearing the sweet fruit of truth reached for the light of the Sun.

Fraternity of *bhoots*

If you are seeking absolute truth through a friendship, you probably won't find it. People, in general, tend to know little of value about reality. Most friends are not really suited for friendship. These capricious monkeys simply look to steal your cap. The only true friend you'll find has spiritual enlightenment, that rare trait bestowed by Mother.

If you are like Nel, you had friends in low places. Pot smokers attract other pot smokers as their go-to friends, drinkers attract drinkers. Like attracts like, forming a fraternity of *bhoots*, as Mother referred to them. A *bhoot* is a dead spirit. These dead spirits can possess the body of a living person. Are these really the types of friends you want?

What are your friends? In America, they are more about doing and less about being. They do the same things you enjoy. But they in no way share the seeker quality within you. That part of your being had to remain hidden or you would not have any friends at all. And you have precious few as it is.

Friends in America cannot satisfy a seeker's need for spiritual brothers and sisters or for mentors with wisdom. Friends can lead a seeker into the high weeds and bury a seeker in soiling materialism. Every kid wants to

be wanted, and usually it doesn't matter to the kid what it is that wants him.

See if this rings a bell for you: You choose your first friends because they lived near you and shared your age. You lacked the mobility and scope of intellect to have it any other way. You noticed that their house smelled differently, their parents and siblings acted differently, and you marveled at it.

You began to judge your friends and their families. You absorbed their oddities osmotically until they attached to your newborn personality. You evolved into a pervert, a liar or a thief, and you loved/hated this secretive hell. And you didn't tell your parents about any of that which grew in the darkness within. Certainly not!

Eventually you gained some mobility and maturity. As you owned a bike, you became a man! You rambled and searched for new friends. You found them. You expanded the scope of your material perversions and proclivities.

Peer pressure starts to work on your sensibilities, creating twisted wood in the timbers of your soul. You do what the group of dimwits insists, for they are just like you, in the material sense. Your persistent judgment of others repels you from them, even though they are better than you, or maybe *because* they are better than you.

Sooner or later, you get into trouble with the law or with your teachers or parents. Your rebellious materialism has turned you into a stinky pile of dung, rolled around the neighborhood by your dungbeetle friends.

Nel's search for friends introduced him to sexual perversion, drugs and crime. Nel evolved into an expert in these vices as his stifled anger vented and expressed.

Nel never met a person who was able to tell him the absolute truth about God or Spirit. All Nel heard were lies mingled with myth and interwoven with a few, sparse threads of reality.

Of course, he had no way of actually knowing the truth, intellectually, if he heard or saw it. The best he could do was feel the truth, but even that was inverted within Nel. Cool had become hot, false was now true.

The one person he met who spoke absolute truth to Nel was L. All that was false in Nel's experience began to fall away. He began to know the truth. He married this jewel of a woman.

Nel began to see people – and his friends – in the light of truth. He looked back on his life and saw that none of the people he had known were aligned with pure truth at all. Not one of them!

Some of his friends evolved into false gurus, extracting their pounds of flesh from unwary seekers. These pied pipers, either knowingly or unknowingly, led themselves and their followers to spiritual slaughter. These old friends of Nel became self-appointed muses, or certified practitioners of this or that so-called spiritual practice, or developers of hellish spirituality. Although once earnest seekers, each of these friends had become possessed by their egos and a particular dead spirit. They had been waylaid by the forces seeking to lead Americans astray, those forces seeking to destroy innocence.

There is only one end result of possession, and it does not lead you to the truth, to heaven, or to God. It wastes your life and the lives of any who fall under your spell.

The answer is to eschew your old friends, seeker, unless they recognize Shri Mataji. They are no longer your friends. Enemies of truth cannot be your friends. You will know this, and you will run away from them as quickly as you can.

Are your friends of Spirit or of matter? Are they moving toward the center or away from it? Are they riding the pendulum of duality consciousness or do they reside in the stillness of unity consciousness? Do they choose to seek, or not?

Seek your friends in the realm of being, and not in the world of doing. By that, you will know what they are: True children of our Mother. Work to avoid the mistakes of Nel and do not repeat them, for you will wind up in a living hell of your own creation.

Music

Where the spirit does not work with the hand, there is no art. (Leonardo da Vinci)

The primary essence of music is vibration. Musical beauty stems from the sequence and combinations of individual tones. They can resonate with matter to induce a response. They can move a person, physically, intellectually, emotionally and spiritually.

Nel felt that certain musical compositions and performances differed from most others. But he could not identify the source of that speciality. Nel only knew that he felt differently, inside, at some level that was not conscious to him.

He believed he felt joy, and he marvelled.

At that stage in his life he really could not distinguish between joy and happiness, aside from the fact that joy did not succumb to something other than joy. But his happiness invariably succumbed to sadness, the polar opposite of happiness.

Nel's duality-based, emotional pendulum would always swing to and fro. But with the music that engendered joy, there was no movement, only the still point of joy. That is Sahaja yoga, that is the love of Shri Mataji. It is soul music in a spiritual sense.

Later in life he would discover and understand that what he felt were the masterful expressions of balance and pure joy by the composer or performer.

Many people who search for God and attempt to express truth through music, fail to do so. What remains in such music is a right- or left-sided quality of matter, rather than of pure Spirit. The expressions of music that are not spiritual appeal to the material within us to elicit something off-center, such as sadness, happiness, movement, passion, and bipolar emotions.

The unrealized soul is unable to understand that what he thinks or believes about music or art does not matter to the truth of it. Nor does he understand that by listening to the wrong music he places himself at great risk and under its influence. For such music has the power of a false guru, leading him away from truth and balance instead of toward them.

When music is centered and true, it emerges from the heart, it expresses what is inside the heart: Truth, joy, beauty, balance and love. Music that does not express these principles is not the truth and is illusory, although it may both entertain and intrigue and thereby relieve.

This means that the musical composer or performer must embody these principles of truth, joy, beauty, balance and conscious love, which is very, very rare. The first question you should ask yourself about a piece of music is, "Do I feel the joy of God?"

But thinking or believing that you feel the joy is not the same as the actuality of feeling the joy. This illusory apprehension is the fate of a half-baked potato. One must become fully baked.

This is the paradox, the hidden trap of music and art and of seeking for truth in general. One must enter a state of thoughtless awareness to distinguish between pure truth (joy) and falsity (despair). This faculty cannot be intellectualized or confused with happiness. For happiness is simply the polar opposite of unhappiness, and as such is an illusion, is not real, is not centered, and is not balanced.

At the center point of the fulcrum, the point of balance, lies the stillness of the quiet, and pure truth.

Music that inspires joy exists in a thoughtless realm which lies outside the intellect. Although essentially mathematical, the math-based expressions of Bach lack the beauty of the inherent math of Mozart.

The intricate convulsions of intellectual jazz do not speak to the heart, but to the intellect, where the sophisticated intelligentsia derive their unhealthy sustenance. The blues moves a listener to the self-pitying left side, where the listener gleefully wallows in all the wrong done to him by his woman.

Country music speaks often of love, but what kind of love is it? It is sort of that love that turns into hate when spurned. Such pop love differs from the true, unchanging, conscious love of the center channel, the *Sushumna*.

Initially, Nel's Western ear could not understand or appreciate Indian music, which used unusual and different instruments, a different musical scale, strange words and musical phrases, and odd-sounding voices. But he found that certain instruments of India moved him as they touched his heart and his subtle energy system. These instruments were the flute, sitar and tablas.

As he sought for truth and finally found it, Nel found the key to identifying music that was composed or performed by self-realized artists. The key, he discovered, is to feel the cool vibrations on the palms of his hands or at his *Sahastrara* chakra.

Sex

You won't find any pure truth in the ardent seeking of sex. The sex desire is not pure and is insatiable, at essence, as are all desires born of matter rather than of Spirit. Nel would have to learn this lesson the hard way, over many decades.

These seven deadly desires, or sins, are lethal because they cannot be satisfied, they only lead to a perpetual cycle of unfulfillable lust. The momentary satisfaction of the desires fleets as a hummingbird darts from flower to flower, always and forever in search of the foods that nurture these material desires. As Mother said, we should train our tongues. We should bring the desires of matter under the domain of Spirit.

Only the *pure* desire for truth, the pure desire for the Mother's love, can be satisfied. That should be a man's aim. And this desire can be satisfied through recognition of Mother and love and devotion to Her.

If there is one topic we Americans really know intimately, it is sex. We live for it. We die for it. We hold it high above our heads as the soiled

banner of our army. We fly the banner as we charge into the abyss of hell. Nel flew the banner willy nilly, and it nearly drove him insane.

Sexual climax is the most intense physical pleasure. Tantric practices sanctify sexual acts. But the question is: Will you simply devolve to become a sex point in your evolution or will you evolve to rise from those ashes and claim your birthright?

Similar to drugs addiction, sex addiction is the unfortunate end game for many seekers of truth. Such a condition is Satanic, according to Mother. That there are severe diseases associated with sex is no coincidence. These are the devil's wages.

Nel, like many Americans, became entirely sexualized by the age of three. As a young child he was sexually abused, traumatized, terrorized, and desensitized.

By the age of 6, Nel had become a voyeuristic, exhibitionistic, hedonistic sex machine. As soon as his body allowed, he would masturbate abundantly. He dove deeply into pornography. He visited prostitutes. He coupled sex with thoughts of violence and domination.

Try as he might, the sex acts never fully satisfied the wrong-hearted desire from which they arose. Sex addiction became the final hurdle for Nel to cross in his journey to truth. Only by the love, patience, forgiveness and compassion of Shri Mataji was he able to pass through that narrow portal.

Kindly take these words to heart, for they may save your seeking life. If you, seeker, have yielded too much to sexual pleasures, you must make a choice. You must choose either Spirit or matter. Some time may elapse and you may fall down many times after choosing Spirit. But you must keep rising to God as a plant reaches for the sun. Your phoenix must rise from the ashes and fly.

Delphic oracle

Nel first read about the Oracle at Delphi at age 20. The stories of this Greek temple fascinated him and engendered many questions. In

particular, the inscription in the forecourt of the Temple of Apollo at Delphi, according to the Greek writer Pausanias: *Know Thyself*.

Who were these oracles and why were they important?

What was meant by the single phrase, “Know Thyself,” and why was it so significant?

Mother taught us about the importance of this statement. To enter into the Kingdom of God, one must first know oneself. One must first possess divine knowledge. One must first know about the subtle energy system and the deities and Adi gurus. Today, during this Blossom Time, all of this knowledge is freely available in the recorded lectures of Shri Mataji spanning several decades.

Once one has *found* the source of pure knowledge, which is Shri Mataji, one must *acquire* the knowledge by listening to Her lectures, in which every word is a mantra. It is through this knowledge that Nel grew. It is through this knowledge that Nel became an atom in the universal body of the God Mother. Then, one must *apply* the knowledge to become the Spirit and become a guru.

Seek, find, become. Desire, act, evolve. Left, right, center. The trinity reflects upon all.

Books

Nel frequently lost himself in the pages of books.

He gravitated to every bookstore he could find, especially in obscure locations. Used books, new books, it did not matter. He collected fragments of knowledge to build his rag doll of truth.

These were the years before the Internet brought the worldwide web to everyone's device. These were the years when knowledge lived on the pages of bound books.

Later, Nel could remember the day his dad threw away Nels' boxes of books after Nel had moved to Texas for a job. He threw them away without consulting Nel. Did that amount to another act of spite heaped upon all the others? Those cardboard vessels contained everything

precious to Nel, all of the unusual and hard-to-acquire knowledge that he accumulated and loved. Even his university diploma, a B.A. in History, lay hidden in that box. Nel giggled to himself, for it mattered not. Those disintegrated crumbs of truth that fed him had become a living part of his body. The fragments were stray atoms that float in the vast sea and hope to combine.

He'd search the bookstores' sections devoted to religion, science, history, art and spirituality. He was looking for ancient texts of merit. He wanted to learn what the ancients knew about God and the universe. IN this way he found such books as the *I Ching*, and authors such as Gurdjieff and Ouspensky and Khalil Gibran. Nel would read about Buddha, Mohammed, Michelangelo and Da Vinci. He'd study history and music, and the ancient Greeks and Romans. He wanted everything of any worth.

One piece of text he picked up was the *Emerald Tablet of Thoth*.

The reputed author of the *Emerald Tablet of Thoth* was Hermes Trismegistus ("Hermes the Thrice-Greatest"), a legendary Hellenistic combination of the Greek god Hermes and the ancient Egyptian god, Thoth.

As Nel searched for truth during his first 54 years, he began to understand that certain, important knowledge was lost through time because they were coded in some secretive way or buried and forgotten. Today, only the fragments of that knowledge remain. If only Nel could have visited the great library at Alexandria!

On second thought, maybe he did, in a previous lifetime.

Nel wanted to understand those fragments.

One statement or particular interest that caught his attention was inscribed on the Emerald Tablets of Thoth: *As above, so below*.

Whenever he found such cryptic expressions during his search for truth, questions fluttered as wings of blind birds in Nel's brain.

Who was Thoth and was Thoth human, divine, or both? Why did Thoth write the phrase? What happened to the Emerald Tablets? Was there other Hermetic literature of which Nel should have awareness? Was

Hermes Trismegistus the same as Thoth? Was the winged-footed deity known as Mercury by the ancient Greeks the same being as Thoth and Hermes Trismegistus? Did Thoth exist by other names in other societies throughout history? If so, does this mean that reincarnation is more than just a myth, but is reality? And, for what reason would a deity come to Earth to teach and nurture any wisdom tradition?

To understand the phrase on the Tablet, Nel first studied the physical, material world and universe. He found that the meaning of this phrase applies to the material scale, that the laws of physics apply to the stars and earth alike. Nel found that the universe does exist in a grain of sand, then an atom was the equivalent of a galaxy. Nel also understood that at the level of being and Spirit, that man was created in God's image, that man is a reflection of God Father.

Nel also took this phrase to indicate that there were higher and lower levels in creation. But he did not fully understand the levels or how he could move up, ascend, to a higher level. He suspected that it was analogous to an evolutionary process of Earth, whereby man evolved over time from a single cell. But the evolution to a higher plane, spiritually, must be governed by a different kind of spontaneous force that is an analog of genetic mutations among species.

As it turned out, the key to ascension that unlocked the door of the room, the thing that allowed Nel to climb Jacob's ladder, was self realization, also known as enlightenment, and the teachings of Shri Mataji.

A translation by Isaac Newton of the inscriptions on the Emerald Tablets by Isaac is found among his alchemical papers and currently housed in King's College Library, Cambridge University.

Later in life, Nel would understand that this One thing about which Thoth wrote and Newton translated was the vibratory mantra of creation, that first sound, that which through the Adi Shakti imbues all matter and from which all of creation derives: the *Aumkara* (also known as OM, AUM). Nel applied the principle of "as above, so below" to his study of science, described in Part 2.

Gnostic Gospels

Fifty-two ancient papyrus manuscripts emerged in 1945, discovered by accident at Nag Hammadi in Upper Egypt. These scrolled, decaying manuscripts included poems, prayers and the so-called Gnostic gospels.

Historians inferred that monks from a nearby monastery buried the manuscripts in a large clay to save them from destruction from the Roman authorities in the early years of Roman Catholicism. These papyri would never be included in the Christian Bible, as some were deemed by the Romans to be too controversial in their mention of a female God, a God Mother, and Her role in Creation.

As Nel read these gospels online, many questions arose in his mind. Some of what he read – The Gospel of Thomas, for example – seemed familiar to him and easy to comprehend. Nel seemed to understand every line of this Gospel. Other manuscripts used language so archaic and with so many fragmentary omissions, that Nel could understand very little about them. Still, the fragments fascinated him. He'd compare translations to see what else he could harvest.

Exposure to these Gnostic Gospels changed Nel's life. They led him to discard the King James version of his Bible from childhood and to finally turn his back on the corrupted, modern Christianity. These Gospels led Nel to earnestly ask Christ for help in 2008, for His help in beating back the twin demons of alcohol and drugs that so threatened Nel's life.

Christ answered Nel's prayer. In the temporal context of Nel's increased understanding and opening heart, Christ permanently cast out Nel's desires for alcohol and drugs. Several months later, Christ led Nel directly to Sahaja Yoga.

Nel knew, or felt, the truth of what he understood in the Gnostic Gospels and he wondered why anyone or organization would suppress such pure truths about God, the Mother and Christ? That suppression meant to Nel that tremendous value lay within the rotting scrolls.

Through his study of human history and knowledge of man, Nel already knew the answer to this question. Men suppress and twist the truth about God and Spirit to gain material wealth and power on Earth. Organizations

suppress truth to control the ranks within. But, sooner or later as the light of truth shines, a revolution begins and a new age begins. That new evolution is Sahaja yoga.

Occult

Not knowing any better, and seeking willy nilly, Nel dabbled and explored the occult literature and practices. He did this primarily while browsing along bookshelves in libraries and book shops. But Nel drew the line at satanic worship and symbolism, for he wanted nothing to do with any of that.

One topic that caught his attention was Helena Blavatsky and theosophy. She embraced spiritualism and established theosophy. These materials seemed too “heavy” and unnecessarily intricate for Nel, at the time, and he chose not to delve deeply into theosophy.

Mother later taught Nel that such spiritualists commune with “dead spirits,” which is very dangerous and unhealthy for anyone. They may possess certain powers to foretell the future, or to access the so-called Akashic records, to divine, to communicate with the dead, to influence others through black magic or dark arts.

If you, my seeker, currently dance with these occultic demons of the left side, you risk everything. The illusory powers they impart seduce and demand your payment. That cost is your life, your evolution, your soul. Do not sell it.

Come running to the Mother, as did Nel.

ESP

In grade school in Pennsylvania during the Spring of 1968, Nel found himself tested for extrasensory perception (ESP) by a teacher. Most of the students took this “fun” skills test.

Nel discovered he did not possess the faculty of ESP, although he certainly wanted it. He could not see what she held behind the divider, could not know remotely what the teacher thought or wrote on paper.

This disappointed Nel, who believed that anyone who had such powers was superior or more highly evolved and special. Nel wanted to be special, wanted something of his own.

Later in life, Nel heard Mother teach about psychic powers: If one can *see* something, then one was not enlightened. Instead, one was possessed by a dead spirit or bhoot.

Thank God that Nel didn't have ESP!

Reiki

Most Americans believe that they can get anything they want by paying for it. This includes special powers, such as the ability to heal, or even ascension. By paying for a workshop or training, one can gain a sort of certificate of training that allows them to teach and train others, for a hefty price, of course.

This idea is both false and ridiculous. God does not understand or recognize money, according to Shri Mataji. The gifts of healing and knowledge are the birthright of a realized soul.

But Nel was not yet realized, and he sought truth and God in many dark places.

For only \$500 Nel acquired eight hours of training in Honolulu that qualified him as a Reiki Master. This, combined with his mail-order preachers license, allowed him to heal and marry people at the same time.

This workshop provided the non-traditional, accelerated plan that the traditional school abhorred. The traditional adherents scorned the easy-to-get certification. After all, they had to spend long months of training to get theirs.

Reiki is a form of natural energy that, according to the instructor, Buddha and Christ applied to heal the sick and injured. This sounded great, thought Nel, who always wanted to be a Christ or Buddha. And this would be so quick and easy. A no-brainer!

Nel even got his own imaginary spirit guide during the workshop to help him heal people. Through hypnosis (although Nel did not realize that), Nel acquired a winged unicorn named ‘Condor.’ Yes, this seems ridiculous, and it is. But to Nel, deeply caught up in his New Age madness, he loved the hell out of this sort of thing. And it was, indeed, hell that he unwittingly loved.

Nel was imbued with confidence when the reiki treatments he performed on others seemed to actually work. He did not realize that perhaps a demon possessed him. He would treat people remotely and Condor would tell Nel to synchronize heartbeat and breath with Condor’s. Nel would ride Condor’s back far above the Earth, in the dark vacuum of space, sending light wave vibrations to healing targets anywhere on the Earth. One day Nel rode Condor up to Heaven and saw the angels.

Nel even created his own business in Hawaii called “Body Electric” whereby he would fix people’s healing stones by imparting his special reiki vibrations.

Of course, in retrospect this was all imaginary nonsense. Nel was no master of anything except his fertile imagination and gullibility.

The power of the human imagination is incredible, especially when it is inwardly directed. Beware of your own imagination as you seek, because you may be unable to know when you have crossed the threshold of danger and insanity. And, standing at that razor’s edge, you may slip and fall directly onto the honed decapitator.

Know this, seeker: There are no certificates for enlightenment. You can’t pay for it, so don’t try.

Auras

Remember this, seeker of truth: If you can see the human aura, you are not the Spirit. To the contrary, a dead spirit actually possesses you.

If you want to have paranormal faculties – the power to see auras, to see past lives or to channel dead spirits – you can certainly have them. You can even profit materially from these powers, and richly so. Just be aware that in the end, there will be hell to pay. And you will be the one to pay it, for selling your soul incurs the ultimate debt.

Many of the worst Nazis reincarnated as spiders, according to Shri Mataji. That is a significant devolution. Our purpose on Earth is to evolve, to ascend. By making wrong choices we can descend, devolve.

But maybe you want to regress in the scale of evolutionary time, to do it all over again. Maybe you want to spend millions of years living as an arachnid and feeding on house flies. If so, by all means, go and git ‘er done.

Nel wanted the powers because he didn’t know any better. Most seekers in America also don’t. And that is what entraps them in this or that point as they go guru shopping, willy-nilly.

An aura, or human energy field, is a colored emanation. The emanation depicts a body within the body, much more subtle than the material body enclosing it.

New age seekers and psychics taught Nel that the colors in one’s aura revealed certain spiritual characteristics or qualities of the subject. Nel’s was always a pure red in the aura photographs taken at the esoteric bookstore. That disturbed him. Nel knew that red was at the lower end of the visible spectrum, but he believed himself to be of a much higher frequency caste. What a bummer!

Influenced by the possessed Blavatsky, Nel had an interest in seeing auras for himself. Some people he knew socially could see auras directly, with their own eyes. He believed that anyone who could see auras was

superior, spiritually. They must be blessed, he thought, or on the right path.

The fact that Nel could not see auras bothered him. He wanted to see what the special people saw. So Nel would visit the esoteric bookstore in Honolulu regularly for aura photography during the 1990s. He'd place the photos in his spiritual-seeking log book. He scrawled notes and interpretations provided by the dreamy-eyed, psychic woman who operated the device and collected his payment of \$20 per photo.

The device consists of a pair of wired, copper plates shaped like a pair of hands. The operator would turn on the machine and Nel would place his hands on the metallic plates while the operator snapped his photograph using an old color, Polaroid camera.

But seeing is not the point. 'Being' is the point. If you see them, it's no good. You have to become. And becoming is that, you feel the whole thing coming out of your head. And these have the light. But you need not see them. There is no need to see the auras. Only when you are disintegrated, you see the auras. When you are integrated, you never see any of auras.
(Shri Mataji)

New age nonsense

The term, 'New age', applies to a range of spiritual or religious beliefs and practices that developed in Western nations during the 1970s. For 20 years Nel crept through the dark forest of new age nonsense, looking for the light there but never finding it. Perhaps you, seeker, did the same.

Many times during the trek Nel mistakenly thought he *had* found the elusive light. But Nel did not truly understand that his gullible mind was its own worst enemy. For with his skeleton key, he had only opened an empty room, completely devoid of any light within.

Throughout his life, Nel knew, instinctively, the moments he encountered The Light, the Word, the Truth, the Love of God. Nel, as all souls, could *feel* it without any cognitive interference.

The noise created by Nel's brain – the ego (left hemisphere) and conditioning (right hemisphere) – stood as self-erected edifices casting shadows in Nel's line of sight. Nel could not see the truth in the state of the rational, logical, proof-oriented mind of Western man. Nel could not separate the milk from the water as did Blake's swan, as that inborn capacity had yet to be realized.

There, in that forested, new-age hell, devilish lions and tigers and bears devour souls. These profiteering creatures bilk their marks, leaving behind a viable carcass, an empty dead man that staggers hypnotically, robotically, on rotting legs of false illusion.

This vast new age wilderness spans all realms between pure fantasy and misinterpreted history. Much of the teachings derive from false gurus seeking to divert seekers from the truth and to hawk their books, tapes and workshops. For in this forest, nothing is free. Bring your cash, oh traveler.

The irony is that Nel paid his money for these lies, which caused him to value the lies and therefore to believe in them, no matter how farcical or imaginary the source. This, Shri Mataji taught, was the common ruse used by many false gurus who traveled to America, the land of the no free lunch.

Telepathy, magic healing, auras, aliens, crystals, past lives, horoscopes, tarot readings, the Great White Brotherhood, noble gas therapy, and on and on and on went Nel's trials of horror in this spiritual trail of tears. Nel ran naked through this July cornfield, where sharp leaves sliced his tender flesh and yellow pollen congested his breath and filled his eyes.

Nel embarked on this voyage through a sea of new age beliefs during the Spring of 1978. Weekly he would settle in the shade of an oak tree outside the Liberal Arts building with his history professor, J, at Pennsylvania State University at University Park. Weekly they would discuss a different book assigned by the professor, each book covering a different aspect of new age understanding, such as *The Magic of Findhorn* (1975) and *Darkness and Scattered Light* (1978).

By the end of the 1990s, Nel had read or examined nearly every book in this area. During the 1990s Nel met G. and Marko. And after that Nel

was really off to the races, my friends, riding that new age horse to God knows where.

Nel discovered in 2000 that his rudderless vessel drifted directly into the turbid waters of insanity. He could feel it, for the departure from reality imprinted tangible sensations and lent troubling visions to his mind's eye. Can you feel it, seeker?

He saw spinning chakras and colored pyramids, and thought he was conversing with the mind of God. Nel was at the very point of throwing away his bothersome life as a professor to move to Israel and work with physicists on a confluence of the ideas of Water Russell, Marko Rodin, phyllotaxis and sacred geometry.

It was at that moment Nel heard the fateful knock on his cabin door. It was Dr. S., the man who was to save Nel's life. Nel, of course, was drunk and stoned to his usual, spectacular degree as he opened his door to gaze at octogenarian's horrified countenance that recoiled as the alcoholic and weed infested stench wafted into his startled, hairily-aged nostrils.

Dr. S

Dr. S, pragmatist, realist and working psychologist, served as a supply officer in the US Navy during the bloody Pacific campaign of World War II and as a military psychologist in the Korean War. One evening in 2000 he came knocking on the door of Nel's neighboring cabin in Nuuanu because his wife, Fuji, told Dr. S that Nel was looking for some yard work to earn some cash during Nel's leave of absence from the University of Hawaii.

Nel had come to Nuuanu to write his treatise on numbers and God. Nel was going to save humanity, quit his job as a university professor, and move to Israel to work with fringe physicists. Yes, Nel was crazy.

Later, it seemed to Nel as if an angel had come knocking in the guise of an octogenarian. It seemed as if the gentle yet battle-tested and ornery fellow had seen something worth saving in Nel.

At this critical moment in his life, Nel was quite sick, mentally, emotionally, physically and spiritually. Approaching the inexorable train wreck of insanity and death, the sickness clouded Nel's intelligence and

other cognitive faculties. Nel was possessed and falling apart at the seams.

For the next 7 years, Nel worked with Dr. S to suss out the tangled threads of disease: Nel's sexuality, his retreat into number theory, his drug and alcohol abuse, and above all, his anger. Nel had a suicide vest strapped to his torso and it could explode at any moment.

Gradually, the ball of confusion unraveled. All during this period, Nel continued to seek the truth. He allowed Dr. S to help him, even though he knew that Dr S did not and would never understand that Nel was a born seeker. And, although Dr. S cared nothing about angels and God and was a rationalist to the core, he was able to help Nel, in fact, to save Nel's life.

Nel's life needed saving, as he had yet to find the God Mother.

Mother taught that people without enlightenment can unwittingly help a seeker find the truth. It is part of the great illusion, the Maha Maya. She spoke of how psychology is an illusion, and that Freud, to put it gently, was not a helpful person.

So know this, seeker. Accept the hand offered to you when you most need it, even if you know that hand is not of God.

The professor

For 20 or more years, Nel lived a double life of professor and seeker.

One the one had, he held a job as a university professor. He worked hard at that job and enjoyed enough success to climb the promotional ladder. He wrote articles and book chapters, designed and taught classes, mentored graduate students and delivered educational programs to the general public. He traveled throughout the Pacific region as a resource and consultant.

On the other hand, Nel sought the truth about God. He worked just as hard at that, often arising early in the morning to cram many hours of spiritual study into his day. He found that understanding the truth about

God seemed to be diametrically opposed to the process of reason and rationality he applied in the scientific method.

But, as Nel found out when he met Mother, science and religion are not diametrically opposed at all. She encouraged newly self-realized seekers to regard their newly acquired vibrations as a testable hypothesis, just as a scientist would test hypotheses.

Use the vibrations, feel the vibrations. And, if the result is true, then one has to accept them, just a science would accept a proven hypothesis. However, with spiritual science, there are no probability levels or statistics involved, for the pure truth of the vibrations is 100% correct at all times.

This appealed to Nel and helped to unify science and religion in his mind.

Drugs and alcohol

In Heaven there is no beer, that's why we drink it here. (Lyrics from a German beer-drinking song)

Many seekers in America turn to drugs and alcohol for existential pleasure, relief, recreation, and even in an attempt to find the Creator. But these are dead ends in any path to enlightenment.

The illusion of drugs is that they provide benefits. Stress relief, sleep aids, relaxation, fun, creative insights, blah, blah, blah.

Escaping from emotional pain through the sedating or stimulating pleasures of drugs and alcohol did not help Nel to find God.

Nel used marijuana, alcohol (beer, liquor, wine), mescaline, cocaine, opium, hashish, LSD (blotters, windowpane), hallucinogenic mushrooms (*Psilocybe* spp. from 1980 to 2006), peyote, amphetamines, methamphetamines, barbiturates, cigarettes, cigars, chewing tobacco, snuff, xanax, valium, oxycontin, kava, coffee, tea – anything he could find and purchase that would impart a buzz.

Some he used habitually, passing over the welcome mat of addiction. Nel never tried heroin, never injected any illicit drug into his veins. He would have done so, given the opportunity.

Later he would learn from Mother that some of these drugs affected the left side of the subtle energy system, some on the right side. Each, however, opens the door to possession by dead spirits.

One cannot find spiritual truth through any form of matter, especially drugs. One can not hallucinate one's way to God. Drugs do not make one more creative, intelligent or insightful, as Nel thought and told himself through escapist rationalization. Nel would never find any spiritual redemption through his self-abuse. That, he eventually acknowledged, was a dead end.

During those long years, drugs became his God, his ally his only friend. But these friends were in very low places. Nel's search for his next high became his substitute search for truth. In those years, he transformed into an obese, sick man. Nel was on a fast track to death, which is probably the endpoint that all addicts and alcoholics secretly want to achieve.

He remembered his own alcoholic, dying father's suicidal reply that day on the golf tee in 1990 that someone asked my corporeal dad about why he still drank, even though it knew it killing him:

"Yes, but what a way to go!" dad exclaimed, glancing at Nel for the approval that never came.

Nel decided at that very moment that alcoholics like dad and drug users such as himself are hell bent to commit suicide by intoxication. However, nothing helped Nel to break the cycle, including AA or NA.

One day in 2008, at the verge of metabolic collapse and irreversible sickness, the hermit Nel asked Christ for deliverance, for any help. Nel promised Christ to never drink alcohol again, never to smoke marijuana, never to take any recreational drugs again. After that day, Nel never did and never again felt any of the familiar urges to do so. Christ had bestowed a miracle upon Nel. Later that same year (2008), Nel received his self realization from L and never looked back.

But there is more to tell of the story of Nel's addictions.

In his perpetual search for more prime quality weed to burn, Nel joined the Religion of Jesus Church on the Island of Hawaii in 2005. The Religion of Jesus Church considers cannabis to be a sacrament used in religious practices. Members base their practices on what they see as an eclectic mixture of ancient wisdom, modern science, and enlightening and healing properties of cannabis sacrament.

Nel pushed his chips "all in" on the use of sacramental psychedelics.

Shri Mataji taught that many seekers in America had been waylaid by drugs and alcohol. Their use of these substances was an expression of their seeking. The reliance on them was as if one had come under the influence of a false guru.

What did this mean for Nel? The consumption of these illicit and damaging substances wielded great influence on his daily life for several decades. The effects nearly destroyed Nel, and certainly would have killed him or placed him as a criminal behind prison bars, had he not earnestly and desperately asked for Christ's help that day in March, 2008.

- **Health.** Incessant smoking of marijuana ravaged Nels' lungs and eroded his health. He gained 50 pounds of fat. During his final months of use, Nel suffered severe fevers and self-inflicted respiratory illnesses as he smoked, drank, and popped (pills). Although by no means a preconceived notion, Nel later came to realize that through his self realization from Mother, he had evolved to a state of freedom, of innate protection, from parasitic and physiological diseases.
- **Finances.** Nel wasted fifty thousand dollars, or more, in his purchase of drugs and alcohol.
- **Social interactions.** Nel only sought the friendship and company of other users of drugs and alcohol. He had no clean friends at all, and would avoid them. Nel was a true loner, living by himself in a forest of shielding trees. He often would spend days on end without seeing or speaking to another person.

- **Time.** Thousands of days that could have been spent finding the truth was, instead, wasted in a state of altered, drugged consciousness, alone in his rainforest cabin.
- **Consciousness.** Nel told himself falsely that the drugs enhanced his creativity and genius, that his thinking was most effective and free when he was stoned. This fake rationale allowed him to walk unimpeded on his path to hell.
- **Personality.** When he smoked pot, Nel sometimes had the feeling that he was gay, that his voice lisped like a girl and that he wanted to have sex with a man. This scared Nel quite significantly, for he did not want these things at all. He would later learn from Mother that homosexuality was the result of possession by a dead spirit, that a dead spirit of a woman possesses the gay male.
- **Lying.** Any drug addict will lie, steal and cheat to satisfy the cravings. This mind of an addict smoothly self-justifies the behaviors with a continuous, cognitive feedback loop. Existence, which depends wholly on drugs and alcohol, must be sustained at any cost to self or society. Not only did Nel lie to others, he had developed the self-defeating habit of lying to himself. In that way, he had become two people encased in a single body. He did not understand, at this point, that lies are the enemy of truth, that it diminished and clouded his essence, and that he had sabotaged his own mission.
- **Family.** Drugs and alcohol insert themselves between a person and those who love him. Nel separated himself from his family, because in his mind, they did not understand him and they did not love him.
- **Search for truth.** Drugs and alcohol quickly became the central impediment to Nel's search for truth. Instead of clarifying his vision, as he told himself, they veiled it. His blinded inner eye allowed him to walk into many traps he could have easily avoided.

Divine mathematics

Simplicity is the ultimate sophistication. (Leonardo da Vinci)

The insane, ego-fueled illusion of Nel's intellect in his study of so-called divine mathematics is that he actually believed he could understand the mind of God. And he was hell bent to prove it.

He thought he could know God's creative process by seeing and understanding the geometric and mathematical patterns in physics and natural objects. He would trace the finite back to its infinite source. That was the plan, anyway.

Nel reasoned that he could discern process from pattern, which is in itself a logical fallacy. But, as Nel would discover later in life, there is nothing illogical about the divine.

What Nel did not realize during those years is that the further he traveled along the path of numbers, the closer to insanity he got. For the infinite cannot be fathomed by the finite. The lower cannot see the higher.

The dead knowledge created by man cannot even begin to approximate the living knowledge of God's eternal truth. Nel understood this at a primal level, and that is why he focused on discrete mathematics, rather than continuous mathematics.

For Nel could see the creation of various branches of continuous math throughout human history. But the historical origin of discrete math seemed much more obscure and mysterious.

Nel loved solving puzzles, and to him, solving the God puzzle was the ultimate test of human intelligence. He would devote more than a dozen years, running on the exhilarating numerical treadmill during a mental-gymnasium workout to near exhaustion.

In his search for truth about God and how His mind might work in terms of geometry, mathematics, and creation, Nel studied the following topics for several decades:

- Ancient symbols, their origins, mathematics and meanings

- The Golden ratio and its expressions in art and nature
- Platonic solids
- Buckminster Fuller
- Pythagoras and his teachings
- Sacred geometry (Pyramids, tetrahedrons)
- Numerology and discrete mathematics
- Kabbalah
- Walter Russell's "*The Divine One*" (chemistry, dimensions)
- The Rodin coil
- Musical scales and harmony
- Prime numbers
- The *I Ching*
- "*The Keys of Enoch*" by J. J. Hurtak
- Phyllotaxis
- Natural symmetries
- Number systems
- Vibrations, frequencies and resonance
- Physics and chemistry
- Fractals
- Chaos theory
- Fibonacci numbers and sequences
- The AUM (aumkara)
- The Mayan calendar
- G. I. Gurdjieff: the Fourth Way, Hydrogens
- The Enneagram

This book does not describe or link each of Nel's steps along these aspects of his seeking journey. It will suffice to mention here that in the process of studying these and other topics, Nel conducted his own, original research. Perhaps, if readers express interest, another book will describe this work. He found that:

- A sunflower's capitulum is an efficient prime number sieve. This discovery showed the direct relationship between Fibonacci numbers and prime numbers in botany and plant organs.
- New correlations exist between music and botany. Nel found a musical overtone series embedded in the numbered series of florets in a sunflower capitulum.

- The harmonics of stone arrangements in the Great Pyramid of Giza. For this, Nel solved one of the equations in “*The Keys of Enoch*” and showed the relationship with phyllotaxis.
- The relationship between AUM and gravity. Nel hypothesized that gravity is a linear force that draws mass to the center of the field, and that the gravitational force is a spontaneous and direct response to the AUM vibrations which emit from the center of the field and create and organize matter.
- The relationship between AUM and magic squares. Nel hypothesized that a phyllotaxis number lattice corresponds to the sequential emission of AUM vibrations in three-dimensional space. This pattern can be reduced to a 9-digit series found in ancient magic squares.

Marko Rodin

Nel’s encounter with Marko Rodin played a significant role in Nel’s seeking. This work occupied Nel’s attention for more than 15 years, and so it bears some discussion.

Nel met Marko in 1995 while searching for truths in sacred geometry. A friend told Nel that Marko was the most important expert on the topic in Hawaii, where Nel lived at the time.

Nel called Marko on his phone and he told Nel to meet him at the all-you-can-eat vegetarian café operated by a group of Hare Krishna monks at their temple in Honolulu near the Pali highway.

When Nel arrived at the café, he saw this balding man of like age sitting at a table surrounded by what appeared to be apt learners who seemed to be transfixed by his pseudo-mathematical gibberish.

And that was to be the pattern that held for the next dozen or so years Nel spent in close alliance with Marko: He would meet with people at a restaurant and they would buy his food while he lectured about the ABHA coil and the divine math he discovered when he was 16 years old.

Even though Nel found Marko to be both proselytizing and insane, the number patterns he revealed to Nel in association with the torus (coil) geometry had no flaws.

Nel searched and searched for the non-existent flaws. It is for this reason that Nel applied the number patterns to his study of music, botany (via phyllotaxis), prime numbers, physics, creation, the Great Pyramid and the Keys of Enoch, Drunvalo's Merkabah and the AUM mantra.

Nel spent tens of thousands of solitary hours on these topics. Thereby, Nel created his own manuscripts and diagrams which he published online.

Eventually, Nel began to see spinning, colored tori in his mind's eye as he walked his dogs. And, Nel used a multitude of drugs to stimulate his "creativity" while living alone as a hermit for years in a Hawaiian rainforest.

Near the end point, Nel was told by a psychologist that he walked the razor's edge between sanity and insanity, although Nel could not see that fact himself. Crazy, possessed people never do.

Nel found himself at the verge of quitting his university job to move to Israel to work with physicists he had never met, Nel was to solve the world's problems and have his intelligence displayed before the world amidst a chorus of "Hallelujahs." Hah!

Through the grace of God, a neighbor, a psychologist in Nu'uuanu, Hawaii, coaxed Nel off the edge of insanity, away from the Menehune (little people) Nel had seen in the forest, and saved Nel's life.

The insanity was due, in large part, to the false guru Marko Rodin. Rodin used his mad intelligence and magnetic personality to possess sexual partners for the goal of fathering children to honor his great mind, to keep his great intelligence alive in the world.

Oh, Nel had played along nicely, using his mail-order "priesthood" to marry Marko by the beach one day to a woman upon whose finger he placed a Bucky Ball as a ring to sanctify the union.

Then Marko took her home with him, had sex, created another baby, and forced her out of his life so that he could find yet another large-breasted woman with whom to dally.

Nel became possessed with the idea that he owned special knowledge and a master's brain, and his work was proof of it!

Eventually, after many years of having been lost in this pile of craziness, Nel slowly emerged from the rubble after meeting his future wife, L, and receiving his self realization from her.

Self realization and finding The God Mother

A few days before Christmas, in the year 2008, Nel finally found the truth. He found the Mother that blessed da when Shri Mataji bestowed upon him, through his wife-to-be, L, the precious gift of self realization, of enlightenment.

Although Nel did not realize it consciously at that moment, this was the exact target of his seeking across countless lifetimes. He had found it! Hoorah! Two more years would pass before Nel would kneel before Mother in Italy and fulfill the promise the Son had made to the 4-year-old Nel in 1960.

L found Nel online as she lived in a city thousands of miles away. She sought a husband, but Nel had given up his hopes of finding a wife. After all, his 52 years of living as a bachelor had ingrained certain habits and idiosyncrasies that shrunk his probabilities to nearly zero. Nel knew that a miracle had to happen for him to find a wife.

And that miracle was L, sent by the angels to succor him. How she found him remains a spiritual mystery to Nel unto this day. But when he heard her voice on the answering machine within his leaking cabin in the rainforest, he knew something about this woman was different from all others his ears had received previously. There was a certain spark, a *vibration*.

Two months later, L boarded a jet from that distant city and flew to Hawaii to meet Nel for the first time. They had spent those months in

daily conversation by telephone. L had sent her photograph to Nel. She had his.

The angel floated through the passengers' disembarkation portal at the Kona airport. Pure elegance and culture emanated from her as carbon leaks from Nel's lungs, as light pours across the vacuum of space from the star afar. Her light pierced the membrane of his world which inflamed with Mother's love.

After several days of earnest exchanges during which Nel worked to sway L into the rotting arms of Gurdjieff and Ouspensky, he relented to the absolute truth of Mother's words. Nel relented, for he could find nothing amiss during those days, nothing false. He relented and in that spontaneous instant unshackled all ties that had bound him for 50 years.

Threads

Any of you who seek have, by now, woven a body of understanding that's made of many threads. The threads weave in and out. Many connect. Some threads hang as loose ends without apparent connection or relationship to other threads.

Some threads weave to form the tartan crest of your axis of understanding. Others hang loosely from the edge as disconnected, threadbare wisps.

The polyester of lies and the silk of truth intermingle thoroughly within the garment. In your jumbled confusion, you cannot readily distinguish among pure truth, distorted truth, and lies. You possess little power of discernment.

For Nel and many Americans, the interlaced threads of religion wove the banner of Nel's search for truth. We search for the common threads among them, for we understand that each point to the same thing, God.

Christianity, Buddhism, Hinduism, Islam, Judaism, sun worship, maternal faiths, Sumerians, American Indians, Celts, Egyptians, Greeks, Romans, Chinese, aboriginal tribes and others became objects of our study. We read their sacred texts where possible, view their art and symbols, and

listen to their music. We see the pantheon of deities arching before our upturned eyes, but believe none of it.

Christians who read this book will find it at variance with what they have been taught by their parents and priests. Their Holy Bible will not contain the teachings found here and in Mother's lectures. The Christians who deny what they read here, who deny Mother, who fear what they do not yet understand, should run away and hide, should put this book aside. For it is better to be an atheist who is seeking truth than to be a blind believer immersed in Christian half truths.

The primitive, prehistoric religions fascinated Nel. They stoked a fire within him to understand what each held in common with and differed Christianity. This was a search for lost knowledge that could enlighten. It was part of a lifelong process that would leave no stone unturned. But these ancient traditions lacked written scriptures. Only fragments of the original teachings survived as academic interpretations. The paucity of meat on the bones simply would have to satisfy the seeker.

One could only gather a few facts about the primitive religions. For example, that a society worshipped the Sun, or revered many gods, or sacrificed humans or animals to placate a vengeful lord. One common theme told of the select few who had access to the secret, divine knowledge. Only the chosen could access this guarded knowledge. They served as the priests and healers in the society. They acted as intermediaries between gods and humans.

When he first learned of these primitive religions, Nel openly scoffed at them and held the people as evil savages on the same level as cannibal societies. For Nel lacked the discernment, the powers of discrimination to know the truth. He could not believe or accept any so-called truth or practice at odds with his Christian conditioning. The self-important ego of modern man is a powerful force.

Later in his life, after Nel received his self realization, after he met the Mother, he understood the truths about the Sun. The Sun was the Son of the Adi Shakti. The Sun that had spoken to Nel in 1960 on the street corner was Christ. The Sun through which creation occurs, according to the text in the *Tabla Smaragdina*. The primitives knew and understood

much more than we realize, perhaps even more than we know and understand.

The threads woven by the seeker, Nel, appear below. This partial list deserves more discussion, but for the sake of brevity that is not going to happen here.

- Ancient religions (Sumerian, goddesses, Greeks, mythology, Egyptians, Mesopotamia)
- Nordic, runes, Vikings, Pagans, Stonehenge
- Hinduism (tantrism, deities, gurus, India, Indus river, Christ, polytheism)
- Buddhism (geographic and national effects and variations, priests,
- *I Ching*
- Judaism (Moses, Tree of Life, ancient math), Islam (Mohamad)
- Bahai (Rodin, prophet, ABHA coil)
- Deities, prayer, priests, doctrine, ritual, meditation.
- Philosophy Greek (Socrates, Plato, Aristotle)
- Art
- Poetry
- Music (Mozart)
- New Age
- Sacred geometry (Enneagram, Rodin, Gurdjieff, Kabbalah, platonic solids, Pythagoras, symbology, star of david, Drunvalo Melchizedek and the merkabah, divine versus human math, Jeffersonian cyphers, J. J. Hurtak)
- Healing (Paracelsus, Magnets)
- Vibration, frequency and energy (Chi kong, reiki, chakras, Sirius treatments, Royal Rife technology, noble gas devices, crystals, colors, stones)
- Spiritualists and the occult (Psychic readings, channelers, trans dude, christensen, seance, tarot card readings, ouija boards, ghosts, graveyard prancing)
- False gurus and false doctrines
- Occultists
- Sex, drugs and rock ‘n roll

Self realization

If you are an earnest seeker of truth, you can get your self realization (enlightenment) by searching online for videos of Shri Mataji giving self relation to an audience. Participate with the audience and Mother's instructions as if you were there.

You can also get your self realization now, without leaving the pages of this book. Simply extend your open palms to the photograph of Shri Mataji below and ask Her to give you self realization. In due course, you will feel the Cool Vibrations of the holy Ghost on your hands and at the top of your head.



PART 2. FINDING

He who knows others is wise. He who knows himself is enlightened. (Lao Tzu)

Nel had received his self realization. He could feel the vibrations. He had found the God Mother as Christ had told him he would on that day back in 1960.

But self realization this was only the beginning of the next phase of his development, which we may call Finding. The process of finding includes:

- Acquiring the pure knowledge;
- Meditation to maintain the connection with the Shri Mataji through thoughtless awareness;
- Devotion, the understanding that Mother is the One, the Creator, the Adi Shakti and deserves our love and devotion to Her through doubtless awareness.

The pure knowledge

This book does not offer complete, pure knowledge. One finds pure knowledge in the lectures of Shri Mataji. Thousands of free recordings await online at various sources such as youtube, vimeo and amruta.

The Western Sahaja yogi will gradually become familiar with a new language, that of Sanskrit, Hindi and Marathi. Although Mother delivered most of Her lectures in the English language, She introduced many Sanskrit and Hindu terms and told many stories from ancient India. The Western ear must attune to Her Indian accent, but after a while (couple of years) Nel could understand almost every word She said.

The immense depth and quantity of the knowledge required many years of study for Nel to even approach an elementary understanding. And, listening to the same lecture again and again still yields new information and wisdom. Even now, 12 years after his self realization, Nel has many, many more lectures to view for the first time.

We should each become an expert in this knowledge so that we may teach others when and if the time comes.

After enlightenment

Jesus answered and said unto him, Verily, verily, I say unto thee, Except a man be born again, he cannot see the kingdom of God. (John 3:3, King James Version).

What does it mean to be born again? In Sahaja Yoga it means to become the Spirit. This is the next step in human evolution. This second birth is your birthright (born within) and spontaneous. But it must be actualized. It must be real, not imagined.

The evolution cannot happen through self proclamation, bible study or communion. You can't be certified or registered as born again. This is the fallacy of modern Christianity.

self realization, which is enlightenment, *is* the second birth referred to by Christ in the Book of John. Through awakened and risen Kundalini, passing through the seat of Christ in the optic chiasma, one is truly born again.

Thereafter, one *can* see the kingdom of God, because one is *in* the kingdom of God. One becomes the pure Spirit and an atom in the body of the Holy Mother, the Adi Shakti, the Holy Ghost Herself.

But any new birth is a tender thing. A young plant improperly irrigated will wither and die. Following are several pitfalls one should avoid after entering the Kingdom to avoid becoming yet another fallen angel.

Thoughtless and doubtless awareness

A yogi attains the state of thoughtless awareness in the state of meditation after self realization. Here, a yogi moves beyond his material intellect into a more subtle state of knowing the truth. He knows it directly on the central nervous system.

True actualization of the latent, second birth occurs only through the overt recognition that Shri Mataji is the Adi Shakti. This recognition is doubtless awareness. There is no question or doubt in a yogi's understanding about the absolute divinity of The Mother.

Puja for Nel

The Adi Shakti Puja (2010)

The first and last time Nel ever beheld The Mother was at Her final Adi Shakti Puja in June 2010. For The Mother would pass from the Earth less than 8 months later. The experience and vibrations of the Puja changed Nel's life and altered its course entirely.

In late June of 2010, Nel boarded a flight at the Sheremetyevo International Airport in Moscow, Russia, bound for Budapest and Milan. Nel was to serve as a volunteer at Shri Mataji's castle in Cabella Ligure, Italy. Volunteer yogis help the World Foundation prepare for the yearly Pujas, in this case the Adi Shakti Puja.

Nel expected difficulty performing the volunteer tasks. In fact, he could do none of them. He had severely injured his right foot in Moscow and could barely walk once he arrived.

Nel missed his connecting flight in Budapest and bought another ticket at Aeroflot. He finally arrived in Milan in the late evening. He rented a small car and drove the 130 km to the placid *comune* of Cabella Ligure aside the Borbera river in the Italian region of Piedmont.

The wolf. Arriving at Cabella around midnight, Nel spent 90 futile minutes trying to find the entrance or the road to the elevated castle perched above the *comune* in the picturesque foothills. He failed repeatedly. Exhausted and not wanting to further disturb anyone in the darkened castle or the sleeping town, Nel parked his car near the intersection of Strada Provinciale 140 and Via della Polveriella, unfurled his sleeping bag, and quickly fell into an uncomfortable sleep on the cold sidewalk near the perimeter of the town center. He noticed that everyone in this burg seemed to be asleep.

Sometime later, Nel's nascent attention awoke and shifted quickly between conscious states. For there, standing quietly several meters upslope along the sidewalk, was a striking, adult Apennine wolf. His colorful face stared intently and questioningly at the prone Nel, who quickly decided that the cramped car would be a superior place to rest.

Not wanting to suckle at the wolf's breast as did Romulus and Remus, Nel sprung afoot and closed the door on this beautiful animal. Nel would gather his sleeping bag later! The wolf had probably descended from the hills to quench from the river and found the unusual sight of this trusting human slumbering on the cement. Although Nel knew not the wolf's intent, Nel knew that as a seeker, a yogi, he was in no danger from the wild predator.

The castle. At dawn, Nel found the driveway to Shri Mataji's Castle and followed it up the hill to a small parking lot beside the building. He parked and walked to an entrance on the ground floor. Nel entered a large dining room with tables and benches. All was quiet in the castle.

A small room to the right had a door and Nel opened it to find a dozen or more sleeping males, all yogis, volunteers for the Adi Shakti Puja. There was another room, small, similarly holding 7 or 8 bunk beds, again with sleeping yogis. One bunk was empty, that would be Nel's. He found the space within the sleeping rooms to be cramped.

He walked to the kitchen and saw the first signs of Sahaja Yoga, a photograph of Mother. This was the kitchen Nel had seen in the old videos of Mother cooking and preparing food for yogis.

Nel began to be struck by the unclean state of the castle: The kitchen with unswept floors, the laundry room with piles of dirty clothes and linens on the floor. Almost everything about the castle told Nel that Mother had not set foot here for quite some time.

The flower garden. A garden of flowers sat before the castle, with roses, lilies and other beauties. What struck Nel, who worked as a plant pathologist at the university of Hawaii, was the abundance of parasitic pests and diseases infesting the plants in the flower garden and the grounds surrounding the castle. How could that be possible, thought Nel?

Shri Mataji taught that parasites and pathogens, and hence, afflictions and diseases, are expressions, are manifestations of dead spirits that possess the living. The dead spirits strive to take material form through unwitting hosts, through the bodies of those already alive. The bodies of the pathogens -- the viruses, fungi, and bacteria -- did not exist in the Garden of Eden but evolved and still evolve after the Fall of Man, after the Adamic seed gained the knowledge of the freedom to choose.

How could parasites and disease thrive on the plants in Mother's garden, expressing the symptoms of their evil nature? For She is perfect, without blemish, spotless, and supremely holy. The parasites exist because although Sahaja Yoga is perfect, the Sahaja Yogis are not. Some are parasites that surround the Mother. They infest the collective in an attempt to corrupt it.

Mother told us that She allowed, even kept, some of the worst around Her, even though upon first glance one would think these parasites were bonafide followers. Yes, they were adherents, but only in the sense that Mother kept some of Her enemies closest.

When Nel first visited the castle at Cabella, he felt shocked by what he saw, shocked by the pests and diseases, shocked by many of the people he met there. But this shock opened Nel's eyes to the truth of Sahaja Yoga, that negative people dressed as yogis infested it and tried to control it, to tarnish it.

But Nel would never throw the baby out with the bathwater, he would never leave Sahaja Yoga, he would simply walk away from association with the negativity. One can, and should, walk away from the bureaucracy of Sahaja Yoga, but never walk away from the yoga and the Mother.

Mother's apartment and a miracle. When Nel visited the castle in Cabella in 2010 he could hardly walk, he had an injured foot and was limping severely. Nel was able to visit Mother's apartment with a few other yogis and he sat on the floor by Her chair. As he sat, his cup filled with Mother's love, with joy. Although Mother was not in Cabella at that time, his foot healed spontaneously while he sat. Nel walked out of the apartment normally and his foot has been fine ever since that moment.

Our cup of life can fill with miracles if only we will empty it first of the inflations of ego and superego and open the heart to our Mother.

The yogis. Nel immediately felt the disdain for him by some of the European yogis, the other volunteers. They did not like Americans very much, and Nel couldn't blame them.

But their lack of compassion and respect surprised Nel very much. Nel realized at that moment that these young men with whom he shared a bunk room were still evolving, they were not yet settled into reality as true yogis.

In subsequent years, Nel found the same to be true for most yogis, that their egos (Europeans) and conditioning (Indians) separated them from Spirit, from The Mother, from the truth.

Nel discovered that the gift of self realization did not ensure or guarantee anything for one's evolved state of being.

The Puja. Nel went to the Adi Shakti Puja in 2010 in Cabella. It was his first and only time to see Mother. When She arrived and sat on Her chair on the stage, Nel felt no vibrations, as he had expected, had hoped to feel. His wife had told me that she often had felt Mother's vibrations within about an 8-km radius of Her. So, Nel felt very disappointed.

But after about 10 minutes, Nel began to feel Her vibrations. Later, Nel could only describe it as a type of sunrise, where the first daylight is so very subtle but eventually becomes intense and bright by noon. He felt the vibrations increase steadily until Mother left in Her van. He felt them in his Nabhi first, but throughout all his chakras by the end. It was a tangible feeling of vibration, so subtle yet so powerful, tingling his essence.

The next day Nel witnessed the transformation in some of the other European yogi volunteers at the castle. They no longer seemed to disdain his presence as the American -- they had forgiven Nel and had lost their hatred for him, even though Nel had done nothing to them aside from taking his birth in the hated America.

The fallacy of enlightened opinion

One thing only I know, and that is that I know nothing. (Socrates)

Here was Socrates, an Adi Guru, speaking about humility and detachment from ego. If an Incarnation can do that, someone who certainly knew very much, certainly you can try.

During Nel's work as a professional plant pathologist, he learned something important about knowledge. He found that people with a little bit of knowledge about a topic could cause much more damage than people with no knowledge about it. It is true for them, that ignorance is bliss. But the bliss can be dangerous.

Nel discovered this after he provided a training session for Master Gardeners. The trainees would go forth and confidently make wrong diagnoses and recommendations. After all, they were now "experts" and "masters," were they not?

Actually, their egos had become masters of them. This wreaked a trail of havoc in the community that Nel had to repair, when he could. For misinformation spreads like a wildfire in the forest, scorching everything in its path. The ego's role in lighting such fires should be acknowledged by any realized soul.

A problem with gaining some pure knowledge through Sahaja yoga is that it can tempt a seeker's ego to express itself via "enlightened opinion." The knowledge provided by Shri Mataji is so extensive and deep, that it can take decades for a yogi to absorb it. One does not need to go beyond the boundaries of that knowledge to express opinions, at least in this lifetime. Yet, they do.

Nel realized that it was wiser for him to humble down and say very little within the collective, and especially not to express his dead opinions about any topic. He would say little about divine knowledge, in particular.

For opinion derives solely from ego. When one expresses an opinion about the divine, he ignites a destructive fire in the forest of truth. He becomes an arsonist who holds his own gratification in destruction (ego) above the well being of others.

Do not deceive yourself. Humble down and acknowledge how small is your understanding. Sink the axis first, as deep as you can, before acting as a guru!

Spiritual science

Neither a lofty degree of intelligence nor imagination nor both together go to the making of genius. Love, love, love, that is the soul of genius.
(Wolfgang Amadeus Mozart)

By the way, did you know that Mozart was a realized soul? What he meant was that love (God) and rationality (science) can and should be unified. Sahaja yogis have that opportunity.

Shri Mataji attended a scientific conference in Moscow, Russia in 1998. She spoke of the potential for Sahaja yogis to develop into “spiritual scientists.” What does this term mean and how does a yogi achieve that?

One of the initial shocks to Nel’s mind was the fact that our modern science, in some ways, has moved backwards in relation to ancient science. Progress of humankind through the fourth dimension of time does not necessarily equate with higher evolution. To the contrary, we have lost some knowledge along the way. This lost knowledge always held the most appeal for Nel. This is the knowledge he most sought.

The technical information embedded in Mother’s lectures has great depth. Her hand-drawn diagrams depict Her divine understanding of our modern fields of science. She taught in detail about the creation of the universe, chemistry, vibrations, medicine and physics.

Shri Mataji taught that twelve thousand years ago in India, humans possessed aerial flight technology that equals or is superior to our modern flight technology. That is practically impossible for the modern mind to accept. We regard our minds as superior.

Mother also placed the human body and its nested, subtler forms within the context of the 5 elements (earth, fire, water, air and aether). These 5 elements form the basis of ancient and medieval science (Greek, Chinese, Hindu, Buddhist, Japanese, Tibetan, for example). Modern science relegates that notion to the realm of primitive mythology instead of to modern scientific fact. Yet, these facts are part of the living truth. The living, pure truth, diametrically opposed to modern science, that dry, dead thing that creates only dead knowledge of matter.

The Spirit does not yet imbue our mainstream, modern science. To change that is the prime objective of enlightened consciousness. Enabled with the superior understanding provided by self realization, a yogi knows that yoga (meaning, “union with the divine”) and modern science can be unified. As a result, the yogi’s science becomes spiritual at heart, instead of material. All profit motivations, all right- or left-sided intents, dissipate in such a living science of love and truth.

The modern spiritual scientist needs a deep, personal axis to unify yoga (East) with science (West). This means that one cannot simply practice yoga superficially. One has to continually seek and apply the knowledge of truth. One has to test hypotheses by feeling the vibrations. One has to become the truth. Spiritual science is a state of being, not a physical act.

For some fields of science, the union of yoga and science can be quite straightforward. In agriculture, apply the vibrations of Shri Mataji to irrigation water, to soil, to plants. Improved agriculture is as simple as that. Any simple person can do it, a genius intellect is not required.

A yogi may require more broad, refined intelligence and a deep spiritual axis to engage in some fields of science, such as the pure science of spiritual mathematics. Can you imagine what a bonafide genius could accomplish with a deep axis, pure love, and self realization? In that regard, he or she could relate Spirit to matter through numbers for the benefit of humanity.

Remember this: Like Icarus, a yogi cannot fly too close to the sun with only wings of wax or they will melt and the yogi will plunge into the sea to death.

In the following section is an outline of the work of Nel in discrete mathematics. This is an example of Spiritual science. Any yogi with self

realization can test for himself whether or not this work is true. Nel's work, in this case, was based on the teachings of Shri Mataji about the primal mantra, 'AUM' (also known as the Omkara, ॐ, Om). Details are to be published in another book.

The AUM mantra was the first sound, the first vibration. AUM resounded at the moment the Holy Ghost (the female aspect of God Father) separated from God Father. AUM is the mantra She used in the creation of Ganesha (The Son of God, who evolved into The Christ) and the entire universe thereafter.

Nel realized that any spiritual science pertaining to the AUM should embody the light and love of this vibration, as it concerns the very act of creation. He understood that the elegant simplicity of the AUM embodies all complexities of matter. Therefore, to undertake such science, the practitioner must have a deep axis and the desire and ability to bring Spirit to matter. This is at the heart of spiritual science.

AUM

Nel began some research with the tripartite teaching of the AUM by Shri Mataji as related to the chakras and the mathematics of the Incarnations.

Relationship between AUM and the chakras:

When the Kundalini moves also, it moves in three ways: UH, OOH, MUH, because in the lower portion it is the UH. In the center portion it is the OOH, and here it is the MUH. Meaning that at the lower portion of the human being we are what was created as dead matter. In the center we are what is creation, means creativity and in the third is the evolutionary, so even we are divided in three ways – is, we are, our upper part is MUH, central part is OOH and the lower part is UH. That is how we are, and when you say OM in a proper way, you find the Kundalini rises. (Shri MatajiNirmala Devi).

Relationship between AUM and the gunas:

Now as you know, in our chakras also if you know, there are three gunas, now you start from the fourth. Number four. Four divided by three is

eternity, so Ganesha can take Incarnation. Then six. Six has divided by three, so Brahmadeva doesn't take Incarnation. Then comes ten. Ten divided by three, is again eternity. So the Vishnu can take Incarnations, also all the Gurus can take Incarnation. Then comes twelve, at the heart. Twelve is divided by three, so Shiva doesn't take His form, only the Goddess does. Because it is divided completely. Then comes sixteen. Sixteen divided by three, again eternity. That's why then Vishnu takes the form of Krishna and He Incarnates. Two divided by four is the same. So all these Incarnations come because the three gunas when they are divided by the number of petals they have, the number of powers they have, some can produce Eternities so they can Incarnate, and some cannot, that's why they could not Incarnate. (Shri Mataji Nirmala Devi)

From these teachings, coupled with his own work, he began to construct elementary hypotheses about the working nature of AUM within creation. He used a tracking process to proceed backward from pattern to process, comparing things above and below.

The True Meaning of The Emerald Tablet of Thoth

Below, Nel provides the true meaning of the inscription on the Smaragdine tablet. This interpretation evolved from the teachings of Shri Mataji combined with Nel's work as a realized soul.

The text below in *italics* is the translation by Isaac Newton.

This is true without lying, certain & most true. (What you are about to read is the pure, absolute truth.)

That which is below is like that which is above & that which is above is like that which is below to do the miracles of one only thing. (All things, higher and lower, at all scales of size, from the smallest to the largest, and from the most subtle to the most gross, share a single, creative principle.)

And as all things have been & arose from one by the meditation of one: so all things have their birth from this one thing by adaptation. (There is only one creator who used only one creative principle in the creation of all material objects. The one creative principle is infinitely adaptive and is responsible for the evolution of life and form.)

The Sun is its father, the moon its mother, the wind hath carried it in its belly, the earth is its nurse. (We speak in these lines about creation on the planet earth, the nurturing mother of matter. The Sun (active, giving) and Moon (passive, receiving) are the right and left channels, respectively. The wind is the central channel of the Divine Cool Breeze of the Holy Ghost, who is the One, She who first separated from the God Father.)

Energy of the Divine	Channel	Nervous System	Aspect	Quality
'A' ('UH') Mahakali First creation	Ida nadi ↓	Left Sympathetic	Tamo guna	Desire, existence
'U' ('OOH') Mahasaraswati Life, Sun	Pingala nadi ↑	Right Sympathetic	Rajo guna	Action, thought, creation
'M' ('MUH') Mahalakshmi Evolution	Sushumna nadi ↑	Para- Sympathetic	Sattva guna	Evolution, awareness

The father of all perfection in the whole world is here. (The AUM mantra is the source of all perfection by which the world was created by the God Mother.)

Its force or power is entire if it be converted into earth. (No other force of creation was required aside from AUM, it is complete in and of itself.)

Separate thou the earth from the fire, the subtle from the gross sweetly with great industry. (The AUM controls the 5 elements and the subtle energies with care and strength.)

It ascends from the earth to the heaven & again it descends to the earth & receives the force of things superior & inferior. (The A-U-M emits from the center of mass unidirectionally and linearly in phased array and by doing so spontaneously attracts coincident and corresponding,

gravitational lines of force. The force of the emanations and the gravity correspond algebraically to the mass of the created object.)

By this means you shall have the glory of the whole world & thereby all obscurity shall fly from you. (By understanding this principle all becomes clear to you all that is false will fall away from your mind.)

Its force is above all force. For it vanquishes every subtle thing & penetrates every solid thing. (No matter can resist the penultimate force of AUM.)

So was the world created. (The world was created by Adi Shatki using AUM.)

From this are & do come admirable adaptations whereof the means (or process) is here in this. Hence I am called Hermes Trismegist, having the three parts of the philosophy of the whole world. (All things arise and adapt from AUM. I am Hermes Trismegistus and I embody the three aspects of AUM, the three gunas.)

That which I have said of the operation of the Sun is accomplished & ended. (Creation initiates as a right-sided enterprise, through the Sun channel.)

Nel chose not to read any of the numerous commentaries or interpretations of the text on the tablet that were written over the past 1,500 years. He knew, vibrationally, that none of them accurately grasped the truth of the Tablet. He therefore relied only on his own understanding of truth to understand the text of the Tablet.

But, so what? This is all fine in theory, but how does it actually work in practice? Exactly how does the AUM principal manifest so that an enlightened human can apply it constructively, for the benefit of all?

That knowledge is for those with the eyes to see and the ears to hear.

PART 3. BECOMING

Never leave fish to find fish. (Moses)

Moses meant that once you find the pure truth (Shri Mataji), there's no need to modify what She taught, no need to invent any new methods.

Here, Nel highlights key considerations and knowledge from the teachings of Mother that helped him become the Spirit.

The seeker's path to becoming the Spirit

Seekers in modern America arrive at Sahaja yoga as weary travelers seeking respite and comfort at a roadside inn. Their trailworn faces reveal the perils and hardships of that perilous journey. They can neither see nor hear, as their clouded eyes and impaired ears no longer function as once created, as they have searched for truth in all the wrong places.

The seekers fall down, having left their childhood Eden in foggy mists of memory. Waylaid by roadside robbers, making myriad wrong turns innocently, entrapped by pitfalls, all that remains intact within the seeker is the indestructible *Mooladhara* chakra. But even that is clouded by the mists of wrong thoughts and misdeeds.

But when the seeker finally finds the Mother – and finds Her he shall, for to seek is to find – he knows it immediately. He feels it within. Although some time may elapse before he attains the state of doubtless awareness of Her perfection, he feels his true Mother's love. Her vibrations transform him, transmute him as the gentle sunrise reveals the land.

Yet, the seeker's path never ends, even though he has found the Mother. He must continue to choose. He must attend to his attention, constantly. He must relax, yet stay alert. He must continue to learn, to grow, to move *towards* the Mother, instead of away from Her.

For in Sahaja Yoga, one either moves toward Mother, the center, or away from her to the periphery, to Hell. This journey of attention and choice can be “two steps forward and one step back” for many seekers. Ego and

superego can become the feet on the trail if one does not separate for them.

When – not if – the seeker comes under attack from negativity, it will occur through the mind or in the dream state. The battleground is always in the mind, those two hemispheres which spawn all fears and desires.

The negativity will frighten and seduce, tempt, and most assuredly lie. For the negativity knows the primary weakness of each seeker, whether that be greed, lust, depravity or other fault rooted in matter.

The seeker may find temporary relief in succumbing to that which is inherently wrong, that which is against the Spirit. But the relief fleets and the negativity laughs at the fool, who once again has fallen into the abyss of confusion.

So beware, oh seekers. Finding what you seek is only the beginning of your new journey of attention and pure desire, your search for truth, for light, for the love of God.

Grab onto Mother with all your strength and devotion.

After Nel found Mother, he received his self realization and began to acquire the knowledge. He began to learn by listening to Mother, whose every word is a mantra.

Nel found to become the light (which is love and pure knowledge) meant to *actualize* the knowledge, to apply it to himself through absolute devotion to Shri Mataji.

But first, what should he avoid in order to make his becoming simpler? Nel realized initially, among others, a few simple truths about this.

Self deception. A humble yogi never deceives himself. For this yogi, any power bestowed by the acquisition of knowledge does not “go to his head.” He does not believe he has accomplished anything by finding the knowledge, for the knowledge must also be applied. The pure knowledge has such depth that it can never be plumbed by a seeker. For the yogi who does not labor under the illusion of self deception, there is always more to know, more to become.

Ego. A wise person understands that he/she is not the ego. What ego thinks does not define him, for ego is of the right side and not of the center. The wise can use the ego, but the ego never uses the wise man. When a seeker falls under the hypnotic spell of ego, the seeker loses his way. The way of ego is the path to the certain destruction of others and oneself.

Addiction. The weak seeker can fall prey to addiction and become lost again. Illicit drugs, cigarettes, alcohol, sex or any other other pleasure becomes a substitute for truth, a surrogate for love and light. In reality, they are dark and deathly.

The fallacy of enlightened opinion. An enlightened person who has yet to separate from ego will adhere to certain self beliefs and opinions that he rationalizes on the basis of his superiority. The power of enlightenment has gone to his head, instead of his heart. This allows one to stray from the truth of the teachings of Shri Mataji and follow the lead of one's own ego. Do not develop new ideas about Sahaja yoga and especially do not promulgate them.

Mother taught of the absolutely wrong things to do in order to avoid possessions and not attract negativity: (1) Do not bow to anyone; (2) Do not shake hands; (3) Do not look into the eyes of another person; (4) Do not allow another person to touch your Sahastrara or your feet; (5) Do not say please, thank-you and sorry (invites negativity).

Attention

Nel found that the most important faculty was his attention. That differs from thought in that attention can be directed or led by thought but is not the thought itself.

He continually asked himself the essential question, "Where is your attention?" The answer to that question will tell you *what* you are – either a child of matter or of Spirit. And the very purpose of our existence on Earth is, through the force of free will, choice, to become the Spirit. To become the Spirit depends directly on attention. Mother advised to keep our attention on God, not matter.

Seeking truth can keep one's attention on God. But attention can be diverted by wrong thoughts, actions, emotions and the lies of false gurus.

Throughout Nel's life, and especially after he received self realization, he found that dreams while sleeping would work to divert his attention from God, Christ and Mother. For Nel, one of two themes would recur via the dreams: fear and sexual desire.

The mechanism is that they (dead spirits, *bhoots*, demons) would either try to frighten Nel or to seduce him, and that upon awakening his thoughts and attention would be directed by those polarized, material emotions.

To engage in this illicit sex is to open for door to Hell, according to Mother. Such wrong sex is truly satanic in nature. Nel learned that the nightly attacks on his fears and desires were meant to divert his attention from God, and that the dreams would come especially after he worked to become the Spirit by meditation or leading others to Sahaja yoga through his teaching.

You are all angels. But it is easy to become an angel, difficult to maintain it:

As it is, you are all realized souls and as I have told you, you are all angels. But if you do not establish your Guru principle -- You know of angels, how they have fallen down and gone forever. So be careful. It's easy to be an angel, but difficult to maintain it. (Shri Mataji Nirmala Devi)

Nel had finally found The Mother. That was the beautiful, fantastic fact. The voice of the Sun, The Christ, had spoken the truth to Nel in 1960.

But was his attention up to the task of becoming? Could he remain in the state of surrender?

But before long, Nel realized how difficult and yet how simple it would be to keep his attention on Her. For his attention now was the key to following the central path to his ascension. Nel's right attention would draw him toward Mother.

And Nel's wrong attention would draw him away from Her.

The idyllic days and weeks after self realization changed the way Nel experienced reality. But the negative forces in matter worked to disrupt his attention, worked to separate him from Mother, worked to drag Nel back down to that state of hell on Earth in which he had been living before he met L.

Anger, lust, gluttony, and fear. Wandering eyes.

Many years would elapse before Nel settled into himself and began to learn, to truly learn, that attention was the key to the door.

Knowing how to know

Row, row, row your boat gently down the stream, merrily, merrily, merrily, merrily, life is but a dream. (Nursery rhyme)

The familiar English nursery rhyme and popular children's song was composed in a language of parable. This figurative, symbolic language conveys truths about life directly to the subconscious level of those who lack the development to understand complex ideas. Does this nursery rhyme a simple ditty possess little depth of meaning, or does it teach something significant that may be difficult for the unenlightened mind to grasp?

The rhyme teaches us that life, which is matter, is an illusion (a dream) if one travels downstream with the current of the illusion. However, to awaken from the dream, to dispel the illusions and to experience reality and follow the stream to the Kingdom of God, lies in moving upstream, ascending against the current of illusion, to the source. Then, life becomes the reality.

This is the astrological symbology of Pisces, the two fish, each swimming in an opposite direction. Which of the two fish represents your life? In which direction have you chosen to swim? Furthermore, in which stream or ocean are you swimming? For as with G. I. Gurdjieff's analogy of the skeleton key that opens the locked door, when you open the door and stride into the room, you may find it empty, a void. Are you swimming up the stream of reality or down the stream of illusion?

Christ conveyed spiritual truths in the language of parable. At that period of history, humans could not understand truth directly. Their crude nature had not yet evolved and risen to that level of consciousness. As with modern fairy tales, the parables of Christ used language that had concealed meanings. At the surface, the stories were simple and the words easily comprehensible. But a great depth of meaning lay beneath the surface of this pond of truth. The meaning that could only be grasped at a level of human consciousness where the membrane of the conscious mind yields to the lotus flower, the superconscious.

Shri Mataji taught, in some cases, using analogies. At other occasions and to other audiences She spoke directly of truth. She could teach in that way because modern man has developed to the point that he can grasp the truth directly, but only after receiving self realization. The risen Kundalini allowed Nel to know the truth directly, purely, without distortion.

How could Nel possibly know the answer to the question of *how to know*?

Knowing this truth differs from *becoming* the truth. The Delphic admonition to “know thyself” can bring you to the door of Spirit and you may even open that door, but to step through the door to *become the Spirit* requires an additional step in development. A bird may hatch from the egg, but it does not truly become a bird until it flies. A seed may germinate and become a tree, it may even flower, but the seed is not complete until the ripened fruit becomes.

Nel’s Kundalini allowed him to finally see the truth. After the awakening of his Kundalini (which is the Holy Ghost within him, placed there by the Mother God), after receiving the gift of his self realization, all that was false about anything Nel had learned in his journey fell away from the center, leaving just a pure body of truth in its place. This can happen for you, should you choose it.

Knowing how to know begins with the pure desire for knowledge of God and Spirit. You begin to seek it earnestly. You find it though the next step in our evolutionary process, that spontaneous, quantum event, a seeker’s birthright as a human being. The blossom becomes the fruit.

The meaning of evolution

Through the evolution of material life on Earth, one perpetually births across the aeons to rise from a single cell to the penultimate, human form. The successive step in the evolutionary ladder is for the material to *become* the spiritual, for the human being to become his Spirit. This happens through choice, attention and seeking for many, many lives beforehand.

Through evolution we live the lives of all things, although we lack the conscious memory of it. But the process is recorded in entirety within one's left channel, the Ida nadi. And, what we view as death is but a renewal of life and a rebirth within a new body in a new place.

At the point of death, the Earth element is cast aside from the body, a vessel composed of the 5 elements. The soul and chakras, the causal expressions of the 4 remaining elements and carried by the central, most subtle aspect, the Spirit, enter a new body in a higher, more complex form in the tree of life. Every living thing you see is part of that tree and has its rightful place within it.

There is a certain purpose, a specific meaning to this life, this evolution. The purpose is to *become* the Spirit, to find that from which we emerged, the eternal body of the Creator. We evolve to become the truth, the light, the love of God. This happens through enlightenment, through Kundalini rising, as a bird hatches from an egg and flies, as a fruit ripens from the seed it contains.

Nel's human Spirit ascended along with his Kundalini. He evolved spontaneously to the new evolutionary level of collective consciousness. He became a drop in that ocean, an atom in the body of The Mother, a speck of dust on Her lotus feet.

Nel began to study and understand the relationships between the gross (matter) and the subtle (Spirit).

Although this evolution – becoming the Spirit – is a natural process, it can only happen through individual choice and directed, sustained attention. You must choose to seek and to find God. You must choose between the milk of Spirit and the mud of matter. And, after you make

the choice, you must search until you find it. Then you must keep your attention on what you have found.

After Nel found Mother and attained self realization, he entered a state of thoughtless awareness. In that state of being Nel moved beyond the reactionary, conditioned mind. His attention moved above ego and superego. Nel began to see his brain as a tool and that he was not that tool, but rather he was pure Spirit instead. But one must settle into this state and hold onto Mother's sari with all your strength and accept Her as guru, as the Creator, the God Mother.

This brought Nel to the state of doubtless awareness, which still depends on your continued choice and right attention. It is due to one's state of being that one becomes saved by the grace of God. No good works or material effort will save any souls during this period of the Last Judgement.

The four bodies

Nel learned from the lectures of Shri Mataji that there are four distinct bodies that comprise the human form:

- **Spirit:** The most subtle body, the reflection of God in the heart. Sahaja yogis are to "become the Spirit."
- **Soul:** The causal body, which is the expression of the essence of each of the 5 elements. For example, the essence of the Earth element is "fragrance."
- **Subtle energy system:** A system of energy associated with the sympathetic and parasympathetic nervous systems. In the subtle energy system, there are three elements: the Kundalini, the 3 nadis (channels), and 7 chakras (energy centers).
- **Material body:** The gross expression of the 5 elements (the least subtle body).

Consciousness (individual versus collective).

Various states of consciousness append to specific nadis (channels) in the human subtle energy system. Learn more about these by searching out listening to lectures of Shri Mataji at amruta.org.

- Subconscious (*Ida nadi*)
- Unconscious (*Sushumna nadi*)
- Supraconscious (*Pingala nadi*)

The AUM (Omkaara) ॐ.

The Amen, the Word of St. John's Gospel. The AUM is the integrated power of the Adi Shakti (Holy Spirit). Its essence is expressed in Shri Ganesha at the Muladhara chakra and its manifestation is LordJesus Christ at the Agnya chakra. Energies of the Divine:

- 'A' - Mahākālī
- 'U' – Mahāsaraswatī
- 'M' - Mahālakshmī

The subtle energy system

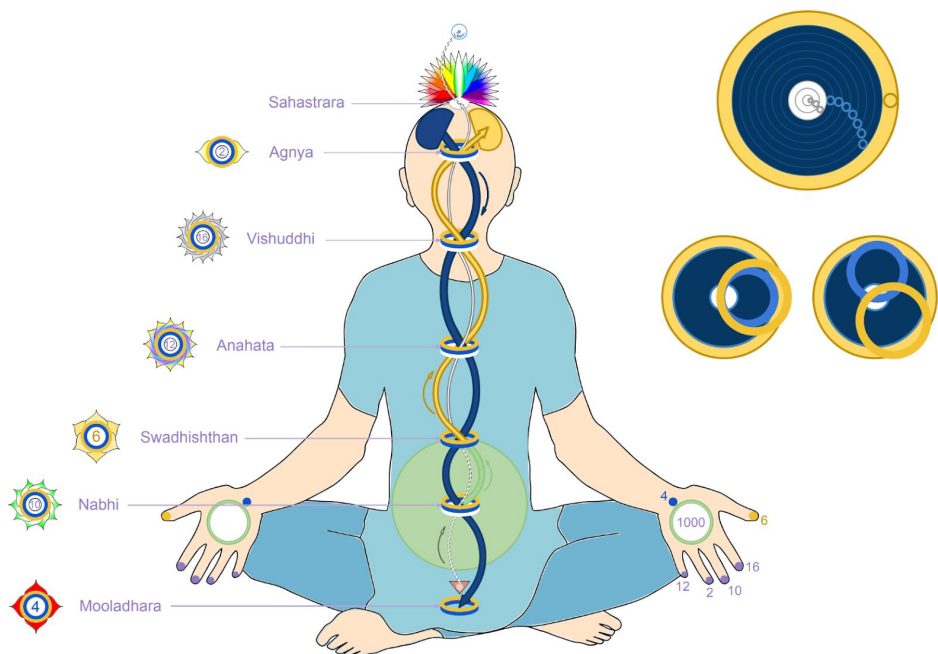


Diagram of the human subtle energy system. One may read and listen to the words of Shri Mataji to confirm the truth of the diagram. Nel provides a link to the relevant excerpts at www.nirmala.yoga.

Nadis. The three Nadis, or channels, move as spirals that intersect at chakras. Two Nadis move upward: *Sushumna* and *Pingala*. One Nadi, *Ida*, moves downward. The central channel, *Sushumna*, relates to the parasympathetic nervous system, also known as the autonomous nervous system. The other two Nadi (*Ida*, *Pingala*) are the left and right aspects of the sympathetic nervous system, respectively.

The spirals formed by the three Nadis are of different amplitudes: the inner nadi (*Sushumna*) has the smallest, whereas the outer Nadi, *Pingala*, has the largest amplitude. These three Nadis intertwine as the separate fibers of a rope. These Nadis are within the human spine. The central, innermost Nadi, colored white, is the *Sushumna* Nadi. The second Nadi, colored blue, is the *Ida* Nadi or the left channel. The third Nadi, colored yellow, is the *Pingala* Nadi, the right channel, the outermost Nadi.

The white (*Sushumna*), blue (*Ida*) and yellow (*Pingala*) concentric circles represent the three Nadis, shown in the transverse section at a given

chakra. The yellow-colored circle that encloses the blue-colored circle and whose perimeters pass through the center of the *Sushumna* Nadi represent the right and left aspect, respectively, of a chakra while Kundalini is rising. This is the condition of a healthy chakra, because more strings of Kundalini can pass through.

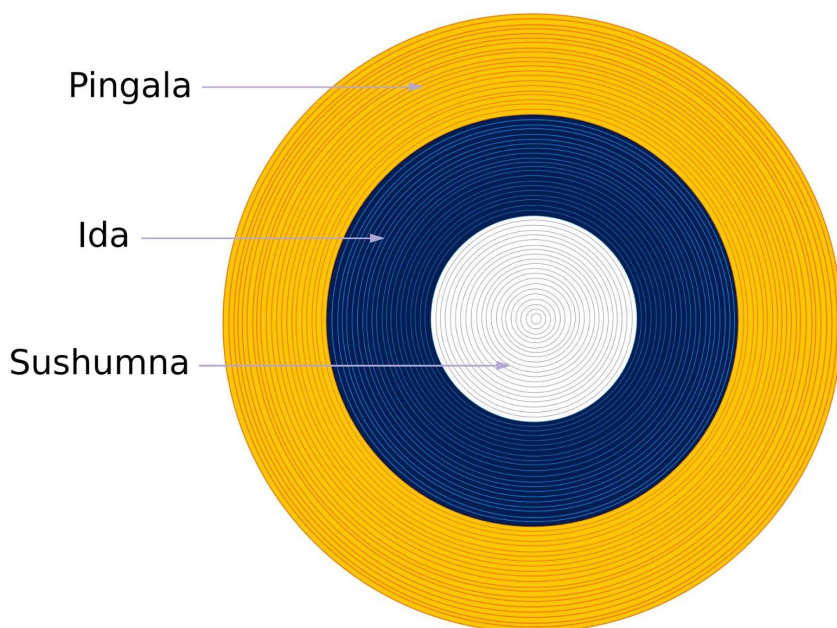
Below that image, in a less-than-healthy chakra, the left and right aspects have moved apart, and only one strand of Kundalini can pass through both, left (blue) and right (yellow). Each of the three Nadis has 21 channels within (see diagram). Note that the third chakra from bottom is the *Swadhisthana*.

Chakras. Chakras, or energy centers, ensure the health of corresponding organs in the human body. Each chakra has a specific number of petals.

The toroidal-shaped chakras are associated in vertical alignment with the human spine, with one below the spine (*Mooladhara*), one above the spine (*Sahastrara*), and one at the optic chiasma (*Agnya*).

These energy centers function to govern, through the energies of the parasympathetic and sympathetic nervous systems, their associated organs of the human body

The 7 chakras are (from bottom to top): *Mooladhara*, *Nabhi*, *Swadhisthana*, *Anhata*, *Vishudhi*, *Agnya*, and *Sahastrara*. Incarnations and deities reside in unique positions at the chakras. Some chakras can have left, right and center aspects.



Shri Mataji taught that there are 21 channels within each of three Nadis, and that the Nadis nest from inner to outer.

The 10 Valencies

The 10 valencies correspond to our actual human nature. A Sahaja yogi, who has become the Spirit, must have an eleventh valence.

This is the area which we say is within us, built up by the great prophets. You can start, say, Abraham, Moses, Socrates, Lao Tse; all these great prophets have built this area within us, and this represents ten valencies like Ten Commandments. Carbon has got four valencies. We have got ten valencies and these ten valencies are our real actual human nature, which we can call is the religion within ourselves. So when the Kundalini rises, She enlightens these valencies. That is how the religion becomes innate. (Shri Mataji Nirmala Devi)

Shri Mataji taught in depth on the topic of valence. The lectures may be viewed online, when you desire the knowledge.

For example, the 10 Adi Gurus, incarnations of the Guru principle, embodied on Earth to establish Dharma, a valence, for humans. Matter has 8 valencies, animals have 9. Humans have 10 valencies, enlightened by rising Kundalini as it passes through the Void, the “ocean of illusion” surrounding the *Nabhi* chakra. These valencies are the 10 commandments (10 dharmas) within us.

So when the Kundalini rises She enlightens these valencies. That is how the religion becomes innate, whereby we become automatically righteous, virtuous people. We become saints. (Shri Mataji Nirmala Devi)

Like human beings have ten valencies, a Yogi must have at least eleven valencies. And the eleventh valency integrates you with the religion. You get identified with righteousness, with compassion, with love, with assiduity – perseverance – or also detachment. That means you do not expect anything. You do it for doing’s sake. You love for loving’s sake. That’s the best way to enjoy. You enjoy your loving capacity. You enjoy your generosity. You enjoy your forgiveness. (Shri Mataji Nirmala Devi)

The question is, how can a yogi develop the eleventh valence. Nel found that the answer is through attention and devotion. Nel understood that these two aspects are the keys to becoming.

The 10 Adi Gurus

Deities and incarnations reside within our subtle energy system in specific locations. They impart spiritual qualities when in their awakened states within us.

Examples of deities include Shri Krishna (*Vishuddhi* chakra) and Shri Jesus Christ (*Agnya* chakra). With this knowledge, Nel understood the true meaning of Christ’s words,

“I am the way, the truth, and the life. No one comes to the Father except through me.” (John 14:6).

Quite literally, the risen Kundalini passes through the seat of Christ at the optic chiasma at the *Agnya* chakra.

The 10 Adi gurus incarnated sequentially over time throughout human history. The gurus provide the ten valencies possessed by humans. Most people can recognize at least some of these names.

- Shri Raja Janaka – King of Mithila and Father of Shri Sita, wife of Shri Rama (India c. 8000 BC).
- Shri Abraham – Forefather of the 12 tribes of Israel (Israel c. 2000 BC).
- Shri Zarathustra – Instituted Monotheism and fire worship (Persia c. 1800 BC).
- Shri Moses – Founder of Jewish law (Egypt c. 1250 BC).
- Shri Lao-Tsu – Author of *Tao Te Ching* (China b. 604 BC).
- Shri Confucius – Taught ethics and compiled *I Ching* (China b. 549 BC).
- Shri Socrates – Founder of Greek philosophy (Greece b. 431 BC).
- Shri Mohammed – Founder of Islam (Arabia d. 632 AD).
- Shri Guru Nanak – Founder of the Sikhs (India b. 1469 AD).
- Shri Shirdi Sai Baba – Propheted Shri Mataji's birth (India c. 1840 – 1918 AD).

Note that the 11th valence integrates you with the innate religion. Sahaja yogis have eleven.

Meditation

Meditation in Sahaja Yoga is entering into a state of thoughtless awareness while one places attention at the Sajastrata chakra. Meditation is not an act, it is a state. It's purpose is to engender a daily re-connection with Mother and Her collective body.

During meditation one does not follow the thoughts that invariably arise as bubbles in the pond. One simply observes the thoughts and thereby detaches from them as they reach the surface. During meditation the Kundalini rises again and one feels the Cool Breeze.

We meditate before the photograph of Shri Mataji, placing our hands with palms upright toward Her. In the meditative state we can detect any “catching” of chakras within our own subtle energy system of that of another. Then, using hand positions before the photograph of Shri Mataji, we clear the catches and restore the unimpeded flow of Kundalini and the health of our bodies.

Meditation is so vitally important to a Shaja Yogi that the state should be entered daily, morning and evening, for 5 to 10 minutes. One can learn more about meditation from Her teachings. Nel found that he could attain the meditative state spontaneously and without intent in some cases and feel the Cool Breeze at this *Sahastrara*.

Additional elements that helped Nel

- **Bandhan.** Nel learned that taking a bandhan placed the almighty protective shield of the Divine over him. He would take badhan before leaving his house and before meeting people. Nel took a bandhan before the photograph of Shri Mataji using the protocol taught by Her in the videos of Her lectures.
- **Mantras.** The most important mantra is the name of Shri Mataji. A mantra is a sound, a vibration, that calls for the healing and protective powers of the intoned name of the intended deity, such as Christ. Mantras heal. Mantras express acknowledgement and respect for those divine beings we cannot see but who exist at higher levels than man. Nel discovered that, as with prayer, his *intent* powered the mantra, and that any mechanical recitation of words had little effect or outcome. Nel had to *feel* the moment with pure heart, had to speak it from his *heart* for any mantra or prayer to work.
- **Havan.** Havan is the use of fire to burn and destroy any negativity around us, either locally or globally. During havan, one lights a wood fire and yogis sit around the fire proclaiming intent to destroy a specific evil. Again, it is pure intent and attention that work. Nothing done mechanically or with impure intent can work out.

- **Treatments.** The medicine of Sahaja Yoga differs considerably from the medicine of the modern, Western person. Instead of treating symptoms with medication, Sahaj treatments address the source, the cause of any infirmity using simple, but effective, Sahaja techniques. The use of the light from a candle (“candle treatment”) before the photograph of Shri Mataji can clear catches or infectious possessions (viruses, for example) in the left-side channel, the Ida nadi. One can treat the right side with ice. One can bring the left side to the right, and then the right back to center. The idea behind the treatments is to restore the balance, to bring one back to center, the Sushumna nadi. Sahaj treatments are invariably simple and inexpensive.
- **Collectivity.** Nel learned as a child in Sunday school that *where two or more gather together in the name of Christ, He is there with them* (Matthew 18:20). This principle applies to Sahaja Yoga. Mother stressed the importance of collective meditation and of collectivity in general. For we are all simply drops in the ocean, and there is no ocean without the collective drops. Through collectivity, Nel found that he could know anything and treat anyone, anywhere without being there physically. It is through collectivity that one can drop the ego and superego that dominate us, drop the thinking mind and connect with the heart, the seat of Spirit and Shri Mataji.
- **Doubtless awareness.** To become the Spirit, to evolve to that stage, one must have doubtless awareness that Shri Mataji is the One, the Adi Shakti, that from which all creation emerged. She is the Mother of the Son, Ganesha. She is the light, the love, the truth. Nel realized that this doubtless awareness was an absolute requirement for his evolution. Without it, he would only be a half-baked potato.
- **Being versus doing (Spirit versus matter).** Nel knew instinctively that he could not do his way to heaven. Rather, he had to become. For doing is to matter as becoming is to Spirit. However, Mother taught Nel that there were certain things he could *not* do, for by doing those things he would go beyond the boundary of Her protection, that he would eventually be cast out of Her body. For one is either moving toward the center by

centripetal force or away from it, centrifugally. Nel could see this divine principle expressed in many material forms, for as above, so below.

- **Maryadas.** Maryadas are those boundaries which circumscribe the yogi and his sacred space. This principle was expressed in the Temple at Jerusalem by The Holy of Holies, the most sacred site in Judaism, that inner sanctuary within the Tabernacle and Temple in Jerusalem when Solomon's Temple and the Second Temple were standing. A Sahaja Yogi must stay within the boundaries and not sin, for sin is to venture beyond the boundaries in thought, word or action, Nel learned that he could not have it both ways, he could not have his cake and eat it too. The way to stay within the boundaries is through directed attention, for the attention of Nel could and would draw him away from the Mother.
- **Christ.** Nel learned of the true place of Christ and his function in the evolution of man. This knowledge helped to liberate Nel from the enslaving falsehoods of Protestant Christianity. Although Nel had never doubted Christ, and had prayed to Christ countless times, Nel did not know of Christ's position and role in the subtle energy system at the Agnya chakra. Nel found that Christ was part of a sequential construction of this subtle energy system that culminated in the advent of Shri Mataji Nornhala Devi. Truly, the only way to God was for one's Kundalini to pass through the seat of Christ at the Agnya chakra.
- **Deities and incarnations.** To become the Spirit, one has to acknowledge and worship the wonderful, powerful deities and incarnations that reside and reign within the human subtle energy system. In this very real sense, the human body is indeed a temple. One applies this knowledge by speaking their names as mantras through directed attention.
- **Discretion.** The power of discretion lies at the Hamsa chakra. One must attend to the chakra to keep it healthy so that the full function retains. Each yogi makes choices, and in order to choose correctly one must exercise the power of discretion

- **Vibrations.** Nel, as a Sahaja Yogi, applied the power of vibrations to guide his choices. He would check for the Cool Breeze of the Holy Ghost by asking a question related to the choice at hand. He would only follow the path indicated by the cool vibrations, and this never failed him. Initially, Nel had to learn how to distinguish among vibrations and where to feel them on his body. He had to work to keep his own vibrations intact by meditation, directed attention, discretion and love of Mother.\
- **Do the right thing.** One way of making right choices is to know and avoid those things which are wrong. Although you cannot do your way to heaven, you can certainly do your way out of heaven.

Direct relationship with Shri Mataji

Nel did not allow anyone to stand between him and Mother. Nel did not allow any group or leader to stand between him and the truth. For him, the direct relationship to God distinguishes a Nirmalite from most other adherents of the world's major religions.

Nel saw the wolves in sheep's clothing within the ranks of Sahaja yoga. He trusted his vibrations without question in that regard. Nel believed that he could learn directly from Shri Mataji through Her lectures and would allow no one else to teach him.

If you, seeker, will allow Nel to teach you one thing, let it be this: Cling to Mother with all your strength and trust your vibrations.

Kundalini, Spirit and the meaning of life

Our creator (the Adi Shakti, the God Mother) placed Her energy, coiled, in the sacrum bone of each human. This Kundalini, when awakened at the moment of self realization, uncoils and arises through the central channel (Sushumna) of the subtle energy system to enlighten each chakra as it passes. The Kundalini blossoms at the crown chakra (Sahasrara) in a thousand-petaled lotus. This is the floral image you can see in many old paintings and the halo depicted around the head of Christ or saints.

The Spirit resides in the heart as an immortal reflection of God Father. The Spirit, born again and again in a new body through reincarnation, was created to give pleasure to God.

The meaning of a human's life is to become the Spirit.

An end begins

When Nel reached the end of his journey, he finally saw and understood how the painful, seeking steps in his life interconnected. The logic showed the connective tissues. The pattern revealed that nothing was amiss. Everything fit. But while blindly walking that path, he saw nothing, really. He only knew that he walked and that he sought.

As a fruit holds a seed, each endpoint has a new beginning. Nothing really ends or dies in the present universe. All within grows and evolves perpetually. But, as Mother taught, many universes lived before this one. Eventually, they perished as God withdrew His attention from each.

The freedom to choose and the choices made cause a human to rise or sink, to either move toward the center or away from it into chaos. Evolution, ascension, to the next level is by choice.

Who will choose to become the Spirit in this period referred to by Mother as the Last Judgement? Whose seed will bloom and yield sweet fruit during this Blossom Time?

You, my beloved seeker, can choose a path.

Now, you know the way back home.